



HIROSHIMA UNIVERSITY

Orientation for Newly Arriving International Students

2026 Spring





Today's Contents



1. Life Consultation, International Exchange Activity, Disaster Readiness
2. Scholarships, Insurance, Pension
3. Immigration Procedures
4. University Library, Writing Center
5. Health Service Center
6. Accessibility Center
7. Harassment Consultation Center
8. Global Career Design Center
9. Center for Academic Consultation and Research
10. Higashi-Hiroshima Police Station



Event&News イベント&ニュース

- 2026/4/6 【ご案内】第34回ペスタロッチー教育賞 表彰式・記念講演の開催/ 34nd Pestalozzi Edu...
2026/4/3 発明かな?と思ったら⇒【広大学生、教職員対象】(無料)「発明・知的財産相談会」開...
2026/4/2 2026年度広島大学地域の元気応援プロジェクト(地域連携事業)の募集を開始しました/...
2026/3/30 【東広島】電動マイクロモビリティ「試乗会及び安全講習会」のご案内/【Higashihiros...
2026/3/27 【参加者募集】(5/20-5/28)メガエクスチェンジプログラム参加者募集/ Mega Exchange...

Emergency Information
There is no emergency information at this time
Update: Oct 17, 2025 16:27

TOPICS トピックス

日本学生支援機構(JASSO)奨学金
多子世帯 無償化含む 給付・貸与

日本学生支援機構奨学金への申請について(学部生を対象とした「多子世帯の授業料等無償化」を含む)/ Application for JASSO scholarships (Japanese students only)

Enrollment / Tuition Fee Exemption
入学料・授業料 免除申請
2026年度前期 [4月入学生] 4.16 (木)まで
※大学院生・留学生など

Campus Activities 課外活動

新入生なんでも相談
〜学生による学生のための〜
・履修をどうしようか迷っている
・教室や窓口の場所が分からない
・授業料や奨学金などの手続きが分からない
・とりあえず新生活が不安...
私たちピアサポーター(研修を受けた学生相談員)が新入生の皆さんの不安解決のお手伝いをします!
お友達と一緒に来ていただいても構いません。些細なことでもいいのでお気軽にお越しください!

広大医療・社会系 サークル合同説明会
開催日程
4/9(木) 4/14(火) 4/27(月) 5/12(火)
17:00~18:30 @ 霞キャンパス講義室
KASUMI Tech, Kasumi-Bloodonors, COCO, 地域医療セミナー, 東洋医学研究会, HALS

背理的ナントカ論
広島大学演劇団 劇団ナメウエ
令和八年度 新入生歓迎公演



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Garbage Disposal Rules

- ◆ Confirm the color of the trash bags used at your residence, the sorting method, and the collection schedule
- ◆ Buy designated trash bags
- ◆ Separate your garbage
- ◆ Put trash into the proper garbage bag
- ◆ Follow the trash collection schedule in your area



Overseas Travel Application System

海外に行くことが決まったら、
必ず申請してください。

Please submit a travel application
when traveling abroad.

こんな時に申請してね!

留学や研究で
海外渡航が
決まった

海外旅行に
行くことが
決まった

留学生の
一時帰国が
決まった

Apply in the following situations

When
traveling
abroad for
study or
research

When
traveling
abroad for
personal
reasons

When
international
students
return home

※渡航申請後、手続きに2週間程度かかります。

*Please note that processing takes
approximately 2 weeks after submission.

▶ 申請は
こちらから



▶ Apply here !



【問い合わせ先】

留学交流グループ

TEL: 082-424-6980

✉:kokusai-ryugaku@office.hiroshima-u.ac.jp

【Contact Information】

Global Exchange Group

TEL: 082-424-6980

✉:kokusai-ryugaku@office.hiroshima-u.ac.jp

Hospital



- ◆ Please bring either your **My Number Card** (registered for health insurance use) or your *Eligibility Confirmation Certificate* when visiting a hospital.
- ◆ On the official websites of Higashi-Hiroshima City and Hiroshima City, you can search for medical facilities that provide services in foreign languages.

Emergency Contact Card

Please carry it with you at all times!

Example:

学生情報 / Student Information		緊急連絡カード Emergency Contact Card	
フリガナ Name in Katakana	ヒロシマ タロウ	 広島大学 緊急時には、下記に電話して下さい!! In case of Emergency, please contact below!! * 広島大学国際交流グループ 082-424-4541 International Exchange Group (受付時間 / Office hour: 平日 / Weekdays 8:30-17:15) * IDEC 学生支援窓口 Student Support Office 123-456-7890 (受付時間 / Office hour: 平日 / Weekdays 8:30-17:15) * 指導教員 Sensei 123-456-7891 Supervisor	
氏名 / Name	Taro Hiroshima		
出身国 / Country	Japan		
血液型 / Blood type	A+		
生年月日 / Birth date	1990/1/23		
宗教 / Religion	Buddhism		
教会・モスク等 Church, mosque, etc.			

医療情報 / Medical Information	Fill in other information if needed. (Ex. Home phone no.)
今までにかかった大きな病気 / Severe illnesses in the past	 HIROSHIMA UNIVERSITY 怪我や歯の治療で麻酔をかき Have you ever had any No / Yes : かかりつけの医療機関 / Family doctor or hospital Hiroshima University Hospital Tel <備考 / note> 広島大学国際交流グループ Hiroshima University International Exchange Group
N/A	
治療中の持病名 / Illness under medical treatment	
現在飲んでいる薬 / Medication taken presently	
食物・薬物アレルギー / Food and/or drug allergies	

In Preparation for Disasters

Do it soon after arriving in Japan

1

Check the hazard map around your residence.

You can find it on your city's official website.

- ★ Know **what disasters may occur** in your area
(e.g. floods, landslides, tsunami)
- ★ Confirm evacuation routes and nearby evacuation shelters

2

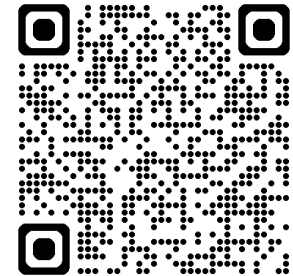
Prepare to receive disaster information.

Higashihiroshima city

Sign up for the "City Disaster Prevention Email Service"

Hiroshima city

Use the app "避難所へGo!"



When Disasters Actually Happen

1

Collect information

Higashihiroshima city

Disaster prevention information mail

Hiroshima city

App "避難所へGo!"

Class Cancellation



2 Consider evacuation depending on the situation



(In the case of heavy rain) it may be safer to move to a higher place, such as an upper floor of your apartment if evacuation itself seems dangerous, such as at night.

3 Respond to the safety confirmation survey conducted by HU



This survey should be answered after the situation has settled.

Smoking Ban

NO SMOKING



広島大学は2020年1月から
キャンパス内全面禁煙です

「禁煙」には加熱式たばこを吸うことが含まれます。

NO SMOKING ALLOWED ON THE CAMPUS FROM JAN 1, 2020.
INCLUDING HEATED TOBACCO PRODUCTS.



Danger!

Pedal-Attached Motorized Bicycles



What's a Motorized Bicycle?

- A bicycle equipped with both pedals and a motor, which can be ridden using by motor alone.
- A bicycle with a driving aid that exceed assist ratio standards.



Motorized bicycles are classified like motorcycles or cars!

When riding a motorized bicycle, you must obey the same traffic rules as motorcycles and cars, even if you only use it with pedals. These include having a driver's license, not driving on the sidewalk, and wearing a helmet.



What you need before riding a motorized bicycle

Check 01

A driver's license for motorcycles or cars



Check 02

A brake light, rearview mirror, and blinkers.



Check 03

A displayed license plate



Check 04

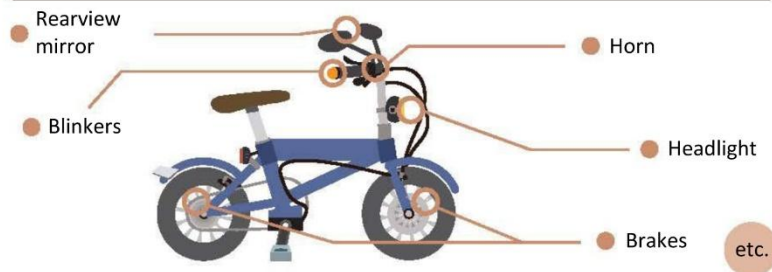
A compulsory automobile liability insurance



National Police Agency
Prefectural Police



Ignoring Traffic Laws is Illegal!



Officially Approved Motorized Bicycles

Bicycles with driving aids that are type-approved and bear the TS mark are subject to Bicycle Traffic Rules. If you want to use a motor-assisted bicycle, choose one with a TS mark!



TS Mark



Type-approved bicycle list



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Scholarships from Private Foundations

Standard Application Eligibility: Resident Status “Student”.

Start of Application Period: Beginning around July of the year prior to start of benefits

Monthly Amount: ¥20,000 - ¥230,000

Recipient Period: From one year to the standard course duration

Detailed Information: Posted on the Momiji Bulletin Board as soon as the application guidelines are provided by each foundation.

Application Methods etc.:

● **University Recommendation** (approx.40 organizations)

👉 Application forms should be submitted to the support office.

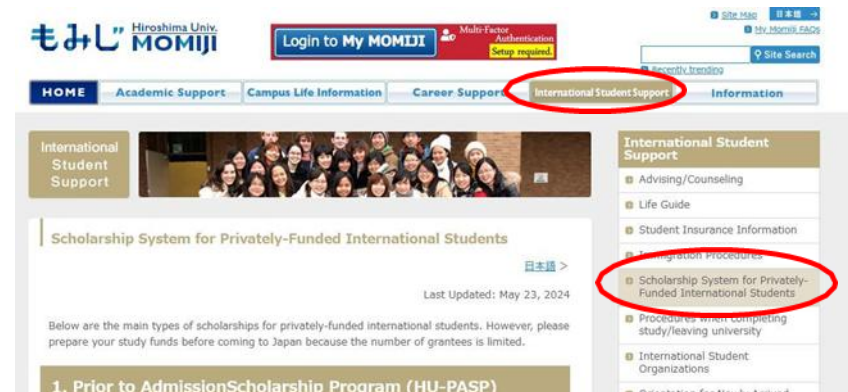
* Once applying for a scholarship, you cannot apply for another scholarship until the results are announced.

● **Individual Application** (approx. 10 organizations)

👉 Apply to each foundation individually

Reference: For an overview, see the Momiji webpage.

Inquiries: Student Services Group (Student Plaza 3F)
or each support office



National Health Insurance

“Kokumin Kenko Hoken”

Everyone living in Japan **MUST** be enrolled in some form of public health insurance.

International Students



National Health Insurance

***You are obligated to pay National Health Insurance premiums.**

Insurance covers 70% of medical cost.

You will be issued an **Eligibility Confirmation Certificate** when you enroll in National Health Insurance.

Be sure to bring it with you when you visit a medical institution.

⇒ You are required to **pay only 30% of medical cost** at that time.

*After obtaining your My Number Card and registering your health insurance card functions on it, you can use your My Number Card as your health insurance card.

Medical Cost

National Pension

“Kokumin Nenkin”

Everyone aged between 20 and 59 living in Japan is obliged to enroll in the scheme and must pay the premium.

National Pension Scheme premiums are the same for everyone, irrespective of age or income. (¥ 17,510/month in FY2025)

Mandatory but...

Students 🙋 can apply for exemption/postponement of payments.

The Special Payment System for Students for regular students.

*It is necessary to reapply for postponement each year.

or

The Payment Exemption System for non-regular students.

Recommended 🙋 ***Application for pension exemption***

Student Comprehensive Insurance

Incident!

e.g. 1) When you ride a bicycle, hit a pedestrian, he gets severely injured.....

You might be asked to pay 20 million yen

2) In the event of a student's death, the cost of transporting the body may exceed 2 million yen.

If you have student comprehensive insurance,

- 👉 You can prepare for **compensation for damages** caused to others or their property.
- 👉 You can **minimize the financial burden on your family**, such as transportation costs, in the event of your death due to injury or illness.



All international students are required to purchase

Comprehensive Insurance for Student Lives

Coupled with "GAKKENSAI"

Type A: 1 year - ¥1,860 , 2 years - ¥3,260 , 3 years - ¥4,680

"GAKKENSAI" is a university-provided insurance policy covering students who sustain physical injury during regular curricular activities, school events etc.

If you are injured on campus or while commuting to school,

- 👉 contact each support office or the Student Services Group at Student Plaza.



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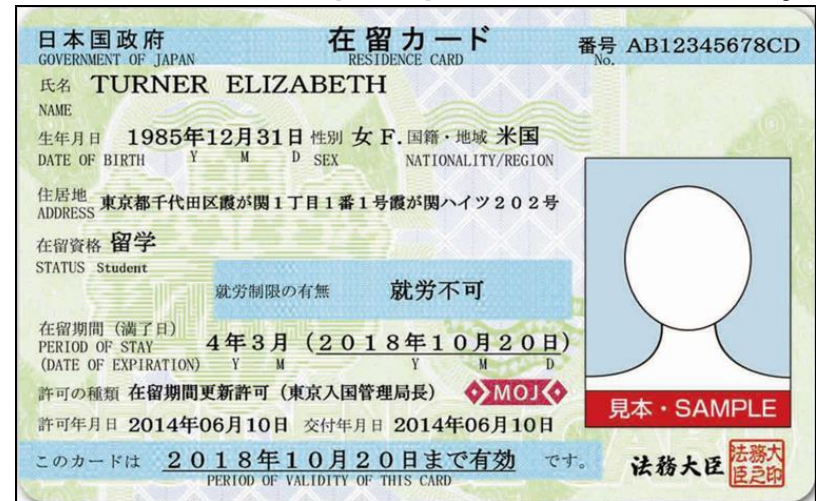


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① Residence Card, Notification of Address

- The “Residence Card” has been issued for the people who will stay in Japan more than 3 months.

- Please keep your residence card in your possession at all times.



- Please go to your local town office(City Hall) with your passport (and residence card) to submit a notification of moving in when you decided your address.
- You must also submit a notification to your local town office (City Hall) after you move to another location.

- Those who enroll in Hiroshima University from another school or university in Japan
⇒ Please submit the "Notification of the accepting organization" after you have enrolled within 14 days.

Online:

- Please access the URL below and choose your language. Please be careful of the restrictions regarding the use of half-width or full-width characters.

https://www.rasens-immi.moj.go.jp/rasens-u/offer/offerList_initDisplay

- How to submit a notification online :

<https://www.moj.go.jp/isa/content/001452968.pdf> (Japanese)

<https://www.moj.go.jp/isa/content/001452959.pdf> (English)


By post:

- It can be submitted by post.

Please refer to the website of "[MOMIJI](#)" for details.



② Apply for the “EXTENSION OF PERIOD OF STAY (VISA EXTENSION)”

- If you want to continue studying in Japan even after the period of your stay comes to an end, you must **apply for an extension of your visa** before it expires.
 - ☆ Applications accepted at the Hiroshima Regional Immigration Bureau.
(You can apply through the university in Apr., Jun., Oct., and Nov.)
(Please refer to the website of “[MOMIJI](#)” for more details.)
- 
- If you are going to continue job-hunting or secure employment after you finish your study, you need to apply for “**Change of status of residence**”.

- You can check the expiration date of your visa on either your residence card or your passport.

Residence card

日本国政府 **在留カード** 番号 AB12345678CD
 GOVERNMENT OF JAPAN RESIDENCE CARD No.

氏名 **TURNER ELIZABETH**
 NAME

生年月日 **1985年12月31日** 性別 **女 F.** 国籍・地域 **米国**
 DATE OF BIRTH Y M D SEX NATIONALITY/REGION

住居地 **東京都千代田区霞が関1丁目1番1号霞が関ハイツ202号**
 ADDRESS

在留資格 **留学**
 STATUS Student

就労制限の有無 **就労不可**

在留期間(満了日) **4年3月 (2018年10月20日)**
 PERIOD OF STAY (DATE OF EXPIRATION) Y M Y M D

許可の種類 **在留期間更新許可(東京入国管理局長)** ◆MOJ◆

許可年月日 **2014年06月10日** 交付年月日 **2014年06月10日**

このカードは **2018年10月20日まで有効** です。 法務大臣 法務大臣之印
 PERIOD OF VALIDITY OF THIS CARD

見本・SAMPLE

Sticker in the passport

JAPAN IMMIGRATION INSPECTOR

上陸許可
 LANDING PERMISSION

許可年月日 **-1 JUN 2010**
 Date of issue:

在留期限 30 AUG 2010
 Until:

在留資格 **短期滞在**
 Status: Temporary Visitor

在留期間 **90days**
 Duration:

NARITA(2)

0000000000

XT 0000033



- ③ Apply for the “Permission to Engage in Activity other than that Permitted under the Status of Residence

Previously Granted (PART-TIME WORK PERMIT)”

- International students are not allowed to work for a living. However, you can receive permission from the Immigration Bureau to hold a part-time job to a degree which does not interfere with your study or research. Before you start working, you must apply for “Part-Time Work Permit”.
- Working at questionable establishments such as bars, clubs, hostess clubs, etc. (including cleaning and washing dishes) will not be permitted.
- Should you receive any salary or payments for work done without permission, you may be subject to fines of up to 2million yen.

☆Permission Hours ··· **up to 28 hours per week**

(up to 8 hours per day during the long vacations.)
(You don't need this permission if you work as a TA or a RA within HU.)

☆Applications accepted at the Hiroshima Immigration Bureau.
 (You can apply through the university in Apr., Jun., Oct., and Nov..)
 (Please refer to the website of "[MOMIJI](#)" for more details.)



☆Part-time Work Report

◎How to report ⇒ [Review the "Checklist before engaging in part-time work"](#) and enter your information into the "Form".(Confirm at your support office)

◎When to report ⇒ 1. Before starting your part-time work you have found
2. Before applying for a visa extension

Reverse side of the residence card

住居地記載欄		
届出年月日	住居地	記載者印
2014年12月1日	東京都港区港南5丁目5番30号	東京都港区長
資格外活動許可		在留期間更新等許可申請欄
許可:原則週28時間以内・風俗営業等の従事を除く		在留資格変更許可申請中

Permission obtained by the online application

Sticker in the passport



資格外活動許可書	
PERMIT TO ENGAGE IN ACTIVITY OTHER THAN THAT PERMITTED BY THE STATUS OF RESIDENCE PREVIOUSLY GRANTED	
許可番号 No.	東ネン-000001 号
1 国籍・地域 Nationality / Region	オーストラリア Name
2 氏名 Name	TURNER ELIZABETH
3 性別 Sex	男 / 女 Date of Birth
4 生年月日 Date of Birth	1985年 12月 31日
5 住居地 Address	省略
6 領事番号 Passport Number	省略
7 上陸(在留)許可年月日 Date of Entry (Residence) Permit	年 月 日
8 現在有する在留資格 Status of Residence	在留期間 在留期間満了日 Period of Stay 年 月 日 / Date of Expiration 2029年 02月 02日
9 在留カード番号 Residence Card No.	拒12345678CD
10 現在の在留活動の内容(出入国機関が定める場合に於ける活動) Present Activity	省略
11 兼営に許可された活動の内容 Other activity to be engaged in	省略
12 許可の期限 Valid Until	2029年 02月 02日 まで Year Month Day

④ “RE-ENTRY PERMIT”

- Please submit the relevant form for international travel from the system below to provide the university with emergency contact information before your departure.

“Momiji” → Academic Support

→ Study Abroad/Overseas Travel Information

→ [Application System for Overseas Travel](#)



- Persons who will be re-entering Japan within 1 year are not required to apply for a re-entry permit.
It is called “**Special re-entry permission**”.

When you intend to depart from Japan with special re-entry permission,

1. Be sure to present your **residence card** with your passport at departure.

2. Please fill out the E/D card as indicated below at departure.

再入国出国記録 EMBARKATION CARD FOR REENTRANT ①
【 DEPARTURE 】

氏名 Name	Family Name			Given Names		
生年月日 Date of Birth	Day日	Month月	Year年	主な渡航先国名 Destination		
航空機便名・船名 Flight No./Vessel	出国予定期間 intended period out of Japan			<input checked="" type="checkbox"/> 1年以内 Within one year	<input type="checkbox"/> 1年超2年以内 Over one year but within two years	<input type="checkbox"/> 2年超 Over two years

次のいずれかに☑を記入してください。 Please check either one of the boxes below.

1. 一時的な出国であり、再入国する予定です。
I am leaving Japan temporarily and will return.

2. 「再入国許可」の有効期限内に再入国の予定はありません。
I do not plan to re-enter Japan while my re-entry permit is valid.
(地方入国管理官署で「再入国許可」を受けており、その有効期限内に再入国する予定です。)
(Check the box if you do not plan to re-enter Japan while your re-entry permit, which is issued by regional immigration bureau, is valid)

署名
Signature _____

官用欄
Official Use Only

Please check the box for "Within one year".

Please check the box for "I am leaving Japan temporarily and will return.".

- Persons who will be re-entering Japan after 1 year are required to apply for a re-entry permit at the Immigration Bureau before your departure.
(The validity period is within the scope of the current period of stay.)
- Please refer to the website of Immigration Bureau for more details.
<https://www.moj.go.jp/isa/applications/procedures/16-5.html>

⑤ Resident Status “Student”

- If you do not have an acceptable reason for not attending university for 3 or more months, your “student” visa will be revoked, and you will be forced to return to your home country.
- **Research student and special auditing student are required to take/do more than 10 hours lecture/research activity per week by Immigration Control and Refugee Recognition Act.**

⑥ Leave of Absence from University

- As a general rule, any student-visa holder who takes a temporary leave of absence from the university on the grounds of a lack of funds cannot stay in Japan.
- Working a part-time job while on a leave of absence is not permitted.

Hiroshima Regional Immigration Services Bureau

Address : 2-31 Kami-Hatchobori, Naka-ku, Hiroshima
(in the Hiroshima Legal Affairs Government Complex)

Phone number :

Employment and Permanent Residence Examination Department
⇒ 082-221-4412

Student and Trainee Examination Department ⇒ 082-221-4468

1. Office Hours: from 9:00 AM to 4:00 PM

Monday to Friday (except national holidays)

2. The application form and the list of required documents are available from the Student Support Office in your School/ Graduate School or the Global Exchange Group.

Website of “Immigration Services Agency of Japan”

<https://www.moj.go.jp/isa/index.html>



[Immigration Services Agency Email Distribution Service | Immigration Services Agency](#)

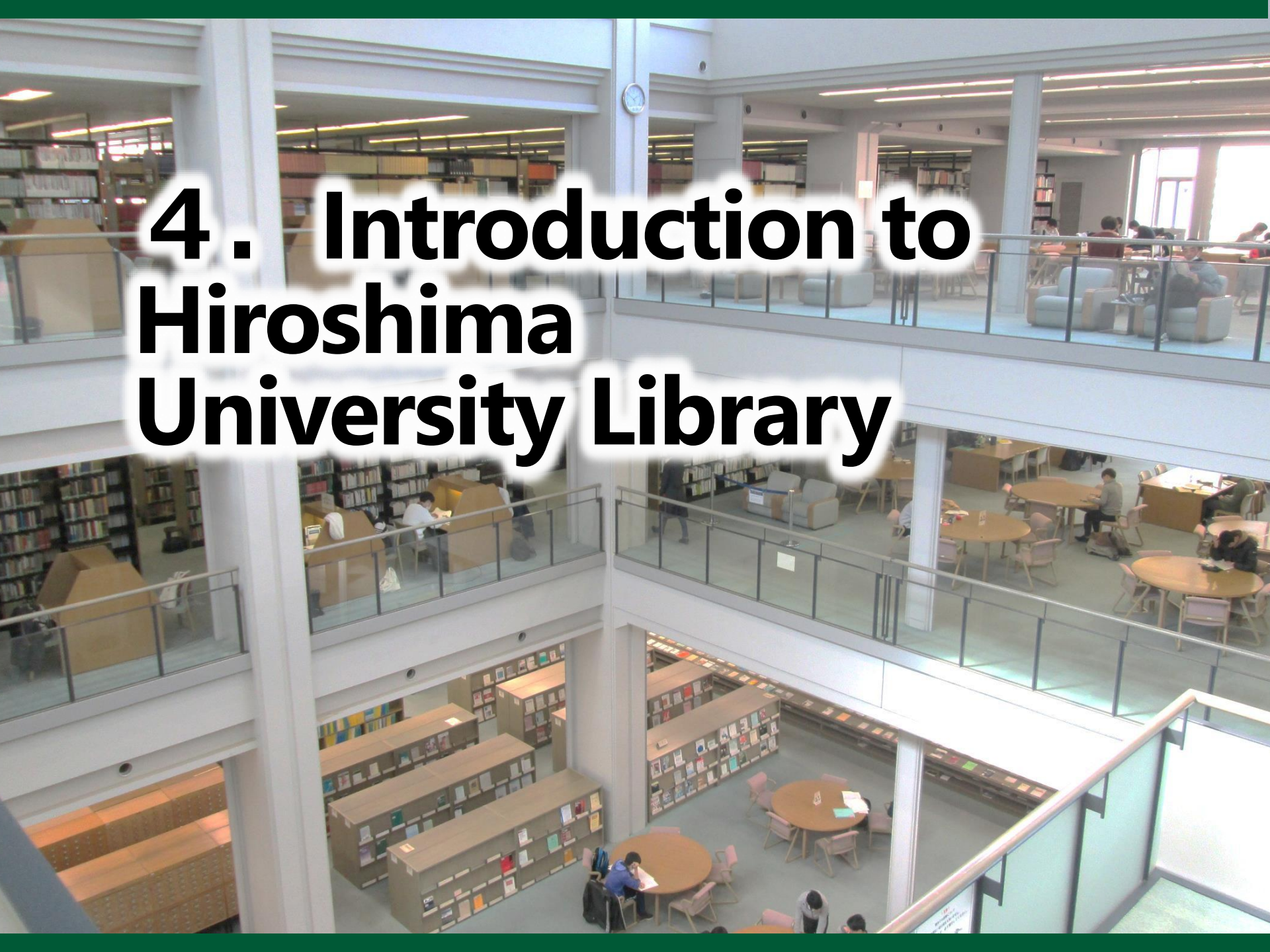


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4. Introduction to Hiroshima University Library





Central Library

**We have
five
libraries in
total**



East Library



West Library



Kasumi Library



Higashi-Senda
Library

How to Borrow Books



Student ID



Books

How many books can I borrow and how long for?

- Graduates : 15 books for 30 days at each library
Undergraduates: 10 books for 3 weeks at each library

To use books and other materials from the East Library, please make a request through the library website.

Study Spaces*

Group study

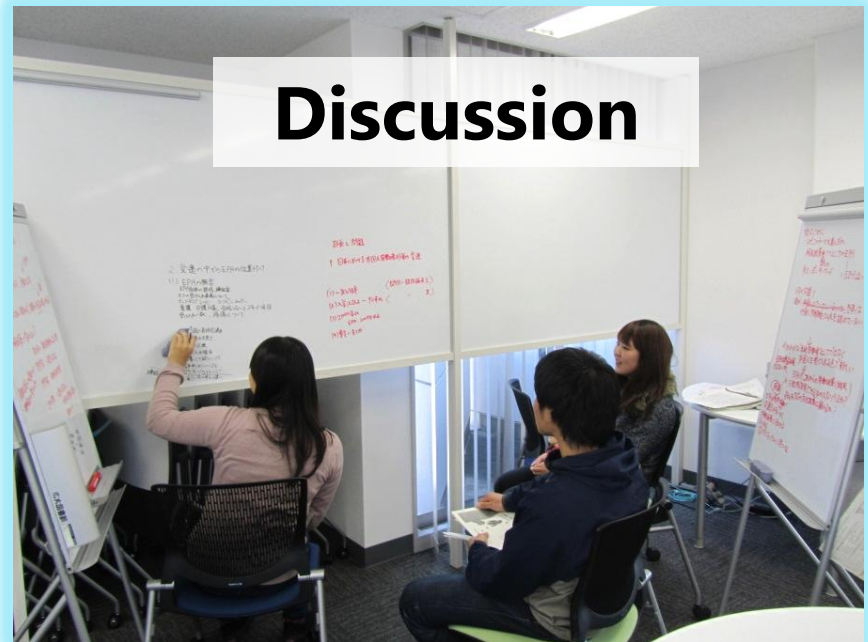


Individual study



***Facilities and services are different for each library. Please check our website for the information.**

Discussion



Writing Center

(located in the Central Library)

Free service



We support your academic writing!

Writing Tutorials

Types of Writing We Support

- Assignment, Essay
- Academic reports
- Bachelor's theses
- Master's theses
- Doctoral dissertations
- Abstract
- Research proposal

Service Options

- Face-to-face
- Online (Zoom)
- Drop-off Service



Come see us at the
Writing Center!



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Health Service Center Guide

Welcome to our service guide!

We support your healthy life.

Get to know about Health Service Center
and make good use of our services.



1. Health Service Center is...

- a university-wide health support center for every registered student and staff of Hiroshima University.
- working to prevent disease and promote health.
- composed of specialists such as doctors (internists, psychiatrists), nurses, a radiological technician, clinical psychologists and so on.

3 offices on 3 campuses

Health Service Center

Medical Section

(Internal Medicine)
(Public Health)

Mental Health Section

(Psychiatry)

Counseling Section

(Psychological
Counseling)

Higashihiroshima Campus

Kasumi Branch

Kasumi Campus

Higashi-Senda Branch

Higashi-Senda Campus

2. About our services (Free)

- Consultation on internal medicine
- Physical / Public health consultation
- First aid
- Health Checkup
- Issue Health Certificates
- Consultation on mental health *
- Counseling for students * [* appointment is required]

■ Consultation on internal medicine

Medical Section

- If you feel unwell, you can consult a doctor of internal medicine during consultation hours.
- General health consultation is also available.
- If necessary, the internist will provide information of outside medical institution.

* The primary role of Health Service Center is consultation and referral.

■ First aid

Medical Section

- You can receive first aid when you get hurt.
- In case of emergency during office hours, you can receive medical care.
- If needed, the internist will provide information of outside medical specialists.

Health Checkup

Medical section

Health Checkup for NEW students (FREE)

NEW Students **MUST** get the health checkup.
You will receive the information from Support Office.

Periodic Health Checkup (FREE)

Every student **MUST** get the checkup every year.

This checkup is only offered once a year and the schedule will be listed in Momiji and 学生・職員健康診断の案内・結果 / STUDENT AND STAFF HEALTH CHECKUP section at <https://health.hiroshima-u.ac.jp/>

If you take a health check by yourself at an external institution,
you need to pay the expense and the health insurance will not cover the charge.

■ Issuance of Health Certificate

Medical Section

- A health certificate is required in several situations such as scholarship applications, job applications, etc..
- You can also get a certificate in English at Medical Section on each campus.

A health certificate is ONLY issued to those who have taken the health checkup of that year.

■ Consultation on mental health

Mental Health Section

- You can consult a psychiatrist about your mental state, for example, feeling depressed, not sleeping well, getting tense too much in social life and so on.
- An appointment is required for consultation.
- If necessary, you will get a referral to an outside medical institution.

■ Psychological Counseling

Counseling Section

- You can consult a counselor (psychologist) your concerns about study, future career path, interpersonal relations, your personality, etc..
- If necessary, a counselor can cooperate with a psychiatrist for further support.
- International students can consult a counselor in English or Japanese.

3. Stress

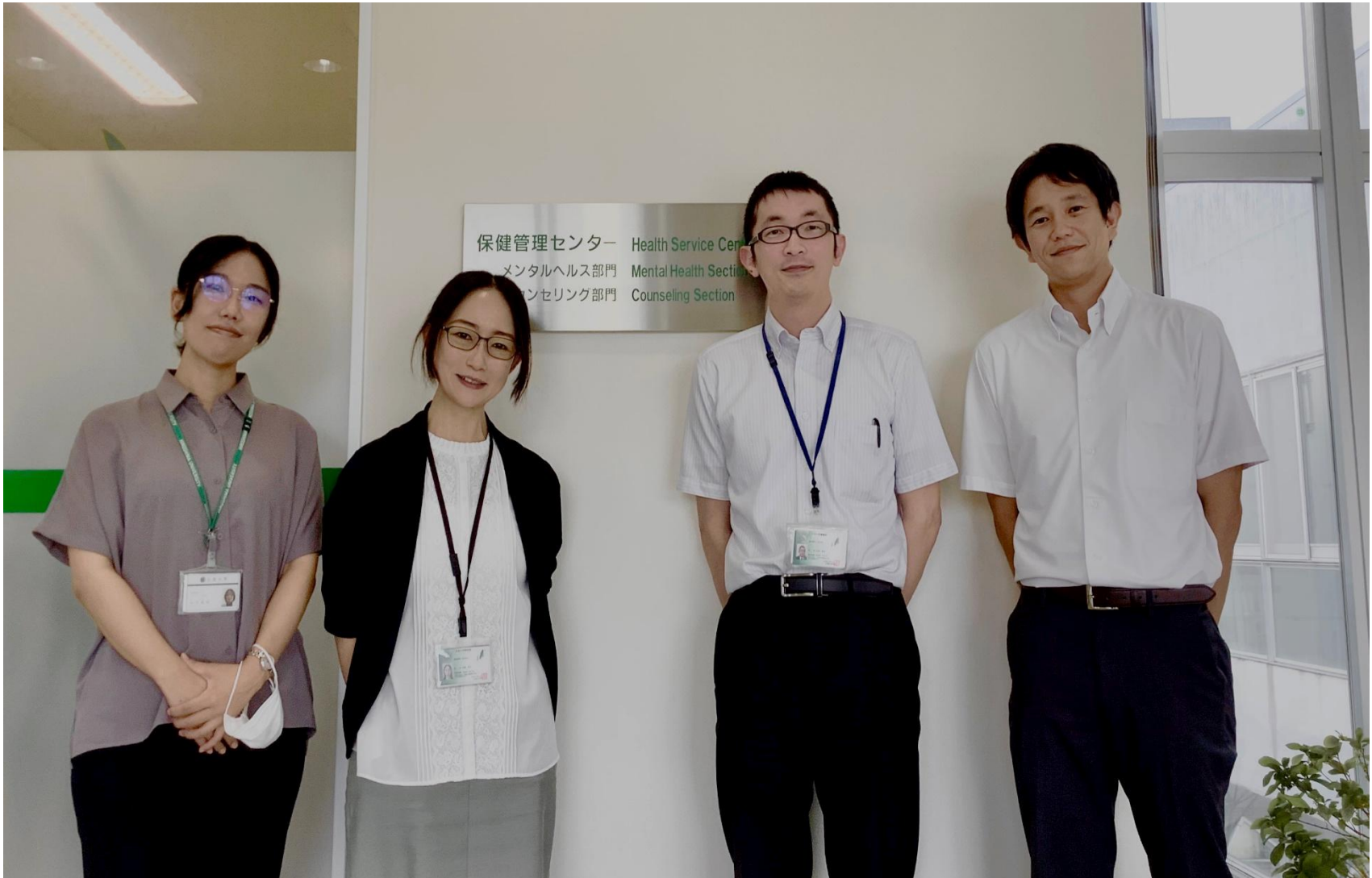
- Starting a new academic life often requires time for adjustment. You may find yourself trying too hard to adjust, getting sick easily, or becoming depressed with small matters. As an international student away from home, you may experience many challenges in Japanese culture, new friends from multicultural background, adjusting to new academic learning systems, and living on a limited budget. You may feel isolated because you cannot easily find support and comfort of family, friends, safe place, or stress managing activities that you had in back home.
- At such times, the following signs of stress may appear such as,
 - irritability sleep problems poor concentration
 - anxiety depression

Stress Management and Prevention

- Cutting down your workload
- Talking to others friends and family
- Talking to your tutor, staff and teachers
- having a more healthy lifestyle (eat well, exercise, get enough sleep, spend some time socializing)

We are happy to work on the details of your stress management and preventative action plans together. Planning and Consulting/Counseling can be a part of illness prevention that we are promoting it to all university members. If you are experiencing Long-term stress, please consult with us.

We will be happy to be a part of
your supportive system!



Counseling Section



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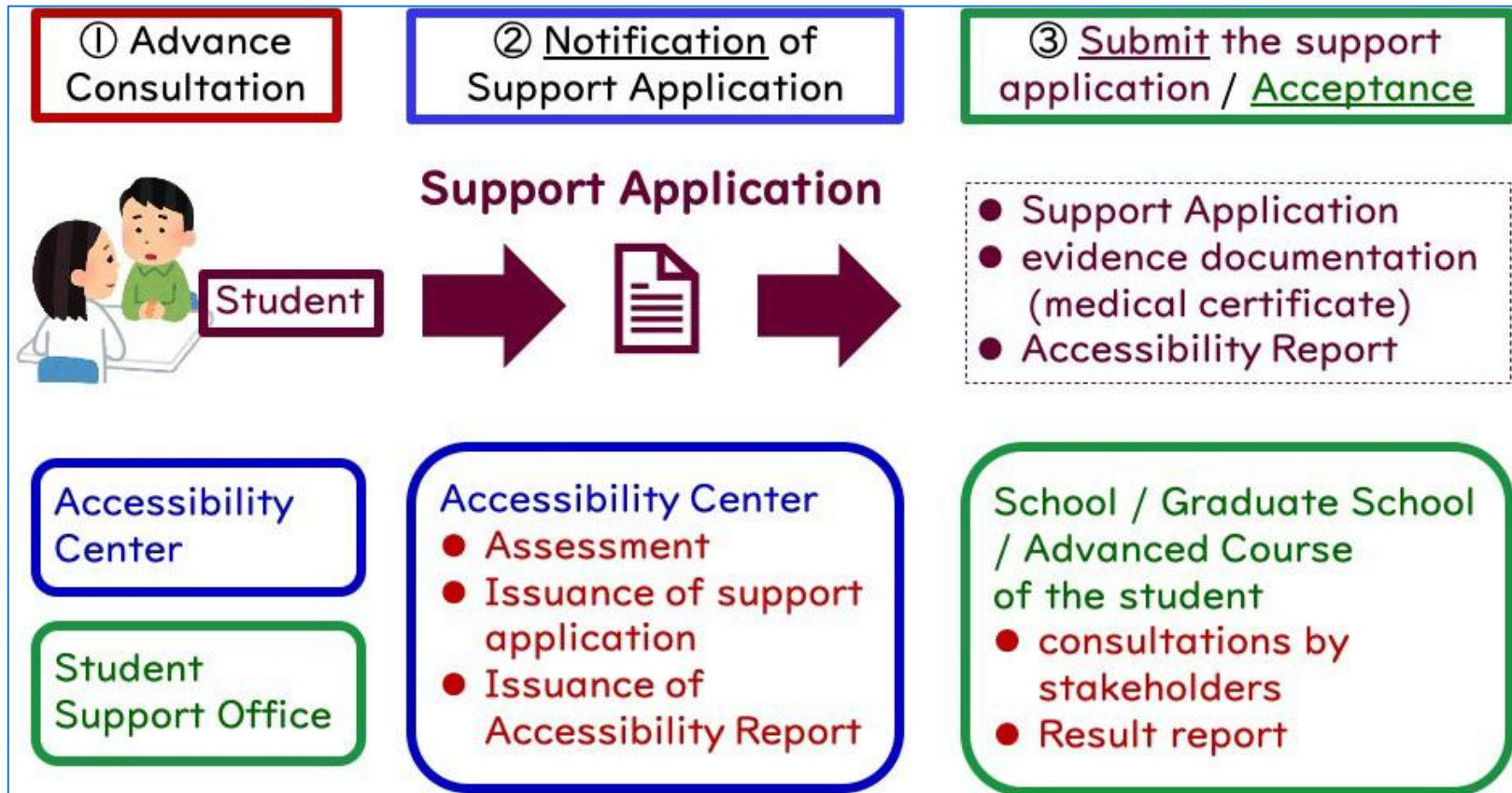


1. Life Consultation, International Exchange Activity, Disaster Readiness
2. Scholarships, Insurance, Pension
3. Immigration Procedures
4. University Library, Writing Center
5. Health Service Center
- 6. Accessibility Center**
7. Harassment Consultation Center
8. Global Career Design Center
9. Center for Academic Consultation and Research
10. Higashi-Hiroshima Police Station

Accessibility support for students with disabilities

- Hiroshima University provides support for students with special needs.
- Student can submit a learning support application to the faculty or graduate school that student belongs to

Applying for learning support



Types of learning support available to students

- Support for classes
 - sending a request for special treatment to teachers
 - note-taking support
 - assisted writing/typing
- Daily living on campus
 - mobility support and guidance on campus

Types of learning support available to students

- for teaching materials...
 - translation into electronic data, braille
 - enlarged copy
- Captioning for the video
- Loaning out the resources
 - wheelchair, ICT resources, etc.



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A Guide for Harassment and Bullying Prevention When you or your friend are in trouble in your campus life••••

Hiroshima University has Rules for the
Prevention of Harassment.
We support victims
and organize awareness-raising activities.

What Is Harassment?

Harassment includes so-called
“sexual harassment”,
“power harassment”,
“academic harassment”,
and “moral harassment”.

It can arise ••

between peers

or

with your professor,
senior,
and university official.

Harassment includes

physical assault, verbal assault, scolding and abuse, the threatening, ignoring and ill-treatment of certain people, groundless accusation, throwing tantrums, discriminatory practices, unwanted conduct of a sexual nature, jokes of a sexual nature, and stalking.

For example (1)

Your supervisor strongly demands the results of a study from you, and if you cannot produce a good result s/he shouts at you aggressively and this drives you into a corner.

Example (2)

Your supervisor tells you, “Women are useless”, “Such a beautiful girl cannot get such good marks”,
or
“You must not fall in love until you get a degree”.

Example (3)

You are forced to describe your sexual experiences at a party.

Be aware!

You can become a **victim** of harassment.

You can also become an **offender** or an **irresponsible bystander**.

Think before you act.

Be aware!


Sexual coercion is a crime.

If you are involved in it, the university will take disciplinary measures.

The Harassment Consultation Office

is a facility under direct supervision of the President.

Professional counselors will find a solution with the victims.



If you wish to have an interview with us,
please call or e-mail us,
or you can just walk in.



Everything you say will be kept confidential.

We won't speak to anyone about what you tell us without your consent.

We will work hard to find the best solution for you.



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1. What's the Global Career Design Center?

It supports all students and young researchers, including international students and global talents, for their career development and job-hunting activities.

Undergraduates (B)

【Location/Office hours】

Student Plaza 2F, Higashi-Hiroshima

Weekdays, 8:30 – 17:15

(excluding national holidays)



Graduates (M/D)

【Our services】

Career counseling, job searching activities, internship opportunities and other career events, job posting information, reading materials for job searching, other related information, etc.



2. Recruitment of the International Students in the Japanese Industries

Type of industry (in 2024)

- **Manufacturing: 13.6%**
- **Retail: 10.2%**
- **Information/Communications: 9.3%**
- **Restaurant service: 8.2%**
- **Academic research/Professional & technical services: 7.9%**
- **Lodging service: 7.1%**

Source: The Employment of International Students by Japanese Companies in 2024, the Immigration Services Agency of Japan.

Workplaces where the HU alums were employed, and more information:
See the university webpage entitled “To International Students”

<https://www.hiroshima-u.ac.jp/gcdc/en/ForInternationalStudents>



2. Recruitment of the International Students in the Japanese Industries

Examples of Jobs

(Common visa status: Technical/Humanities/International Business)

Job Types	Job Titles	Industries
Engineer	<ul style="list-style-type: none"> • Production/Quality manager • CAD operator • Systems engineer • Construction manager 	Manufacturing/IT/Construction
Translator/ Interpreter	<ul style="list-style-type: none"> • Social Media Management • E-commerce site management and support • Inbound Support 	(Many industries)
Planning/ Sales manager	<ul style="list-style-type: none"> • Expansion of overseas sales channels • Planning and development of products for foreigners • Contact with overseas customers 	(Many industries)
Administrator/ Business manager	<ul style="list-style-type: none"> • Management of non-Japanese technical trainees/part-timers • Bridge employees with local subsidiaries 	Many industries with a strong focus on global business and the recruitment of international talent

(Source : JETRO Information on the promotion for Highly-skilled Professionals)

3. Why Japanese companies hire international talent?

- ① To recruit excellent human resources regardless of nationality.
- ② To carry out assignments related to clients overseas.
- ③ To hire foreign nationals who can work as executive candidates for overseas subsidiaries.
- ④ To perform duties arising from newly launched businesses overseas.

Japanese companies have high expectations of international talents who can work globally with their specialties and language ability.

4. Job-Hunting in Japan

- In Japan, we recommend you start job searching while still at university.
- First, start by understanding the uniqueness of job hunting in Japan and how the process differs from your own country.
- The Global Career Design Center holds a variety of guidance sessions and seminars for international students.
- The guidance sessions and seminars are scheduled on the Global Career Design Center website.

<https://www.hiroshima-u.ac.jp/gcdc/student/guidance>



- As soon as we get more information, we will post it in **My Momiji (Message from the Career Center)**. Check them out!

4. Job-Hunting in Japan

Seminars and Events for International Talents

Open to
All Students

■ On-Campus Seminars

- Basic course for finding employment in Japan, etc.; Provide detailed explanations on the uniqueness of job hunting in Japan and how the process differs from your own country.
- Writing course to prepare your Self-Promotion (PR) and “ES”; Explain the necessary preparation for the recruitment process at Japanese companies.

■ Joint company Briefing Sessions, Industry Seminars

- Companies and organizations from across the country gather to hold Joint company Briefing Sessions and Industry Seminars.



■ Off-Campus Seminars



Information is posted on the webpage below:

<https://www.hiroshima-u.ac.jp/gcdc/student/gosetsu/ryugakusei>

5. Common Questions and Answers in the Job Interviews

Why do you want to work in Japan?

- Link your motivation to the unique characteristics of the company. Clearly show why you want to work in Japan and how you can contribute.
- Example Answer: I was drawn to Japan's focus on quality and teamwork. After learning about your business, I became motivated to connect Japanese technology with global markets.

How long do you like to work in Japan?

- Clearly expressing your intention to build a career in Japan and work long-term leaves a positive impression.
Note: Depending on the job and specific position, some employees may be assigned to offices abroad after training in Japan. Always check the job description carefully to understand expectations for long-term work in Japan.
- Example Answer: I hope to work in Japan long-term. My study-abroad experience made me appreciate Japanese corporate culture and working styles. I feel they suit me well, and I want to continue developing my skills while contributing here.

Have you faced any challenges in Japan?

- Focus on how you overcame negative experiences and what you learned from them.
- Example Answer: I initially struggled with honorific Japanese and class discussions. By taking language classes and actively practicing with friends and teachers, my skills improved. I now lead presentations in my seminar.

6. How to be Successful to Join Your Preferred Japanese Companies

Japanese language proficiency is QUITE Plus!

Many companies prefer international talents with fluency of Japanese.

Below skills are most advantageous in your job search in Japan.

- (1) Japanese language (speaking/writing/reading)
- (2) Understanding of the Japanese culture
- (3) Specialty (especially for students in science major)

It is vital to be able to speak, read and write in Japanese to go through the job-hunting successfully.

It is recommended to attend Japanese courses as often as you can 😊

Job Hunting Guide in Japan (published by JASSO)

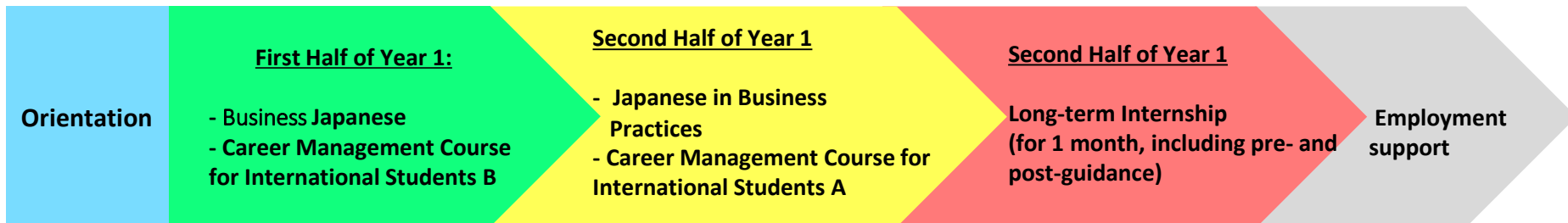
https://www.jasso.go.jp/en/ryugaku/after_study_j/job/guide.html



7. International Student Career Development Program

(launch in October 2026)

- **Graduate School Special Program “International Student Career Development Program ”**
 - Support: Career development not only in academia but also in Japanese companies and other organizations
 - Capacity: 20 students
- **Enrollment Requirements**
 - Must be enrolled in a master’s or doctoral program at a graduate school
 - Must be an international student who wishes to find employment in Japan
 - Must have Japanese language proficiency equivalent to JLPT N1 or "Reference Framework for Japanese Language Education" C1 at the time of program registration
- **Completion Requirements**
 - Must attend the guidance sessions and seminars provided by the program
 - Must earn a total of 7 credits or more, including: 3 credits from Japanese language courses, 2 or more credits from career education courses, 2 credits from the internship
- **Program Structure**





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What is the Center for Academic Practice and Resources?



広島大学教育学習支援センター
Center for Academic Practice and Resources

At the Center for Academic Practice and Resources, students can use the Learning Support Counter to receive counseling on concerns about day-to-day studies and study methods for various areas of liberal arts education (mathematics, physics, chemistry, and English) from the student staff (principally graduate students).

The Center also holds events such as Freshmen Get-together and HU Students' Meeting, an event that is planned by the student staff for new students and HU students.

Education and Learning Consultation



Venue : 1st floor, Student Plaza
Higashi-Hiroshima Campus

How to consult :

Face-to-face consultation / Consultation by email

Opening Hours :

Monday	Tuesday	Wednesday	Thursday	Friday
10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 12 : 00

*Except for 12:00-13:00, Monday-Thursday.

*Closed during holidays.

*Consultation is available in English and Chinese as well.

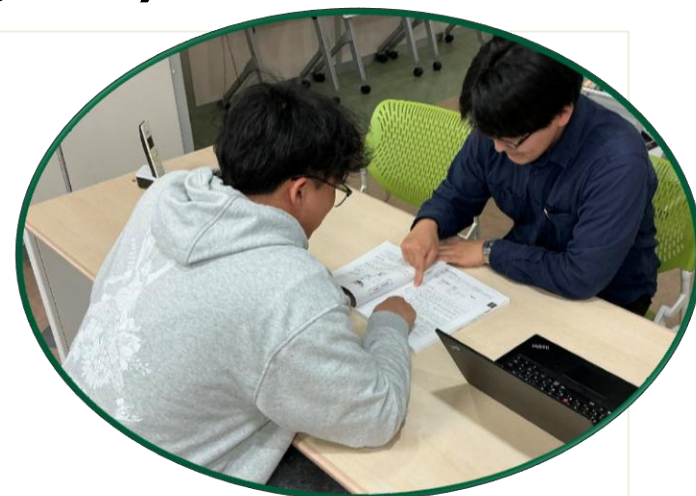
If you wish to have English or Chinese consultation, please contact us by e-mail (capr@hiroshima-u.ac.jp) in advance.

Consultation on learning of each subject in liberal arts education (Math, Physics, Chemistry, English)

Venue : 1st floor, Student Plaza
Higashi-Hiroshima Campus,

How to consult :

Face-to-face consultation /
Consultation by email



Opening Hours :

Monday	Tuesday	Wednesday	Thursday	Friday
		16 : 30~18 : 30		—

*Closed during holidays.

*The subjects available for consultation differ depending on the day of the week. Please see the web site for details.

*Consultation is available only in Japanese.

Freshmen Get-together, HU Students' Meeting

This is a forum for communication beyond the boundaries of academic department, graduate school, nationality, or age, held for new students, international students and transfer students around three times a year.

Notice of these events will be provided via “Momiji” and center homepage, so feel free to participate.



TA Seminar

*Students who enrolled in a degree-seeking program(Undergraduate degree program, Master's degree program, Doctoral degree program,) will eligible to work as TAs.

“TA Seminar” are held four times a year. Duties of “Hirodai TA” , qualifications to become a TA, and various experiences and concerns that arose while working in education as a TA, participants can discuss, share, and find answers to a wide variety of experiences and concerns together with faculty, highly experienced student staff, and other TAs.





HIROSHIMA UNIVERSITY

Thank you for your participation.



Attendance
Questionnaire

