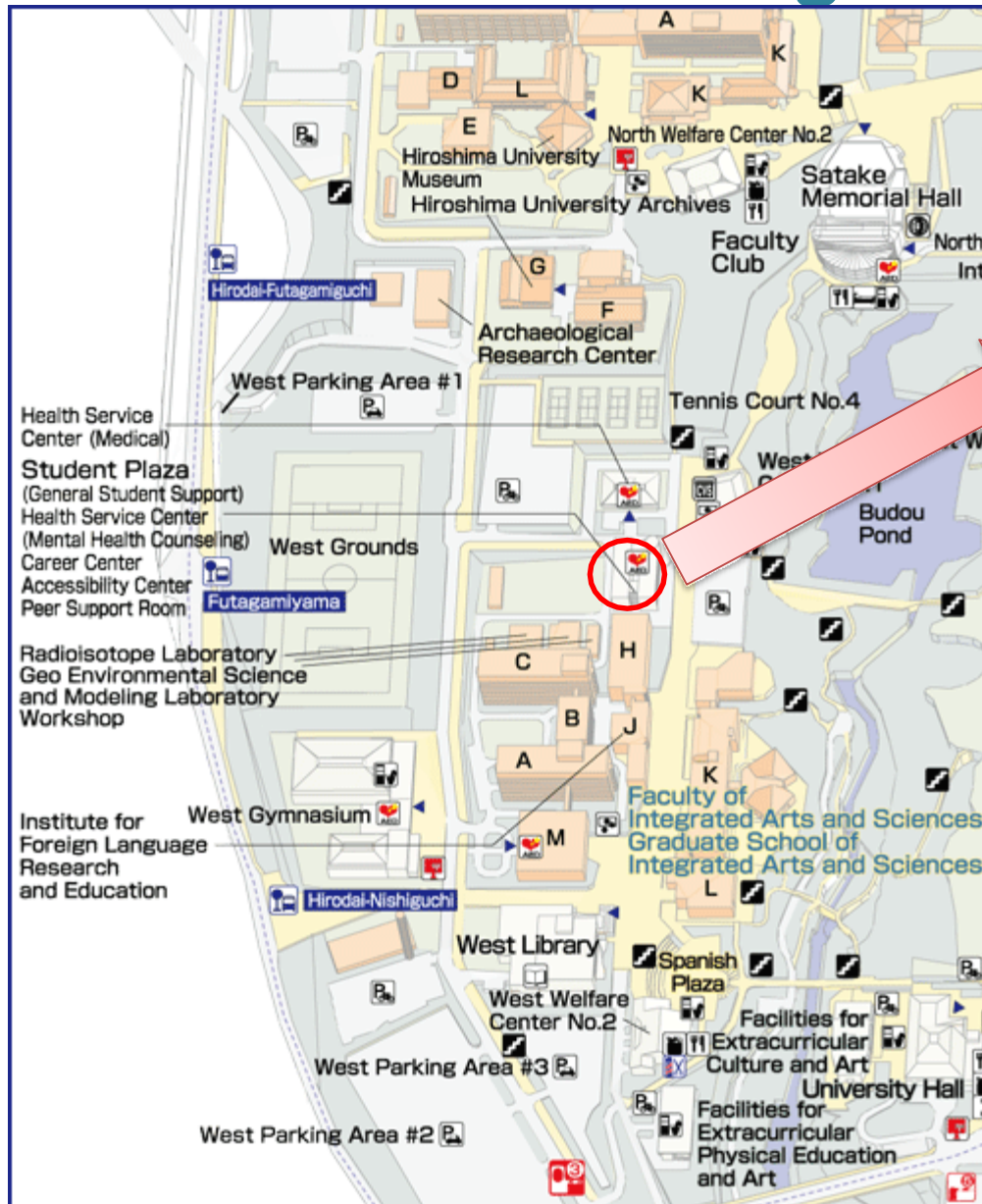


Orientation for Newly Arriving International Students 2025 Autumn

1. Consultation about Your Student Life and International Exchange Activity



**Student Plaza, third floor
(8:30-17:15)**



Global Exchange Group

E-mail:

kokusai-sien@office.hiroshima-u.ac.jp

[Japanese](#)[English](#)[Chinese](#)[اللغة العربية](#)[español](#)

HIROSHIMA UNIVERSITY

[Site Map](#) | [Directions](#) | [Contact Us](#)

Google カスタム検索

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ABOUT HU

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University](#)[University Identity](#)[Outline of the
Hiroshima University](#)[Main Meeting](#)[Awards](#)[Japanese](#) > [Chinese](#) >

On-Campus Portal

Click!

This page is for students and staff of Hiroshima University.



Momiji (Student Information System)

* Click here for course registration/reference, syllabus reference, viewing our grades, career information, and post-graduation plan input.

Momiji: Student Information Portal

The screenshot shows the Hiroshima University MOMIJI website. The top navigation bar includes links for 'My MOMIJI FAQs', 'Site Map', and '日本語'. Below the navigation bar, there are several sections: 'HOME', 'Academic Support', 'Campus Life Information', and 'Career Support'. The 'Campus Life Information' section is highlighted with a red box. Within this section, the 'International Exchange' link is highlighted with a red box. Three yellow callout boxes point to specific areas: 'Events & News' points to the 'Event&News' section, 'Emergency Information' points to the 'Emergency Information' section, and 'International Exchange' points to the 'International Exchange' link in the 'Campus Life Information' section.

Events & News

Emergency Information

International Exchange

Important Information/ Announcements from the University

	Mon	Tues	Weds	Thur	Fri	Sat
1:2						

International Exchange Activity

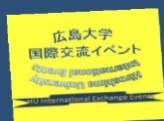
<HOW TO GET THE INFORMATION>



FIND US ON
FACEBOOK



@internationalexchange.hu



International Exchange Events in Hiroshima University
/ 広島大学国際交流イベント情報

NOIE

(ノイエ)



What is NOIE?

This is the network of International Exchange. You can get the information about international exchange events, volunteers, and other activities hosted by Hiroshima University and other organizations!

学内交流ネットワークです。学内外の国際交流イベント、ボランティア等の情報をメールで提供しています！

登録はこちらから
Apply from here →



MOMIJI

(もみじ)

広大もみじ / hirodai momiji

Please search on the Internet!
学内サイトです。
ぜひ検索してみてくださいね！



International Exchange Event in Hiroshima University

～広島大学 国際交流イベント情報～

Chat

Date & Time : every **Thursday**
12:10~ 12:40 pm.
Venue : Student Plaza 1F Eastside

いつ : 毎週**木曜日** 12:10~12:40
場所 : 学生プラザ1階東側

Why don't you enjoy lunch together?
Bring your lunchbox!
一緒に昼ご飯を食べませんか？弁当は持参です！



Discuss



なるほど! Cross cultural Discussion

Date & Time : one day in **Second week**
6:15~7:30pm

Venue : Student Plaza 1F

いつ : 毎月**第2週のどこか** 18:15~19:30
場所 : 学生プラザ1階

Let's talk about various topics in English!
様々なテーマで話しましょう！英語の練習にも◎

Learn

International Night

Date & Time : one day in **Fourth week**
6:00~7:00 pm

Venue : one cafe

いつ : 毎月**第4週のどこか** 18:00~19:00
場所 : one cafe

International students will present own culture!
多様な国・地域の学生が、文化などについて発表します！



Others.../他にも...

・Regional World Cooking / 料理イベント



Cooking

・Seasonal event / 季節のイベント

Calligraphy



Momiji
event

<お問合せ/Contact>

学生プラザ3階 国際交流グループ / Student Plaza 3F International Group

Tel : 082-424-4541 Mail : elife@hiroshima-u.ac.jp

To register:

MOMIJI > Campus Life Information > International Exchange > NOIE

Garbage Disposal Rules

- ◆ Confirm the color of the trash bags used at your residence, the sorting method, and the collection schedule
- ◆ Buy designated trash bags
- ◆ Separate your garbage
- ◆ Put trash into the proper garbage bag
- ◆ Follow the trash collection schedule in your area



Hospital



広島県 国民健康保険 資格確認書	有効期限 令和8年7月31日
記号 広58	発行期日 令和7年8月1日
番号 99999999	(枝番)01
氏名 東広島 太郎	
生年月日 昭和〇〇年〇〇月〇〇日	性別 男
適用開始年月日 平成〇〇年〇〇月〇〇日	負担割合 2割
交付年月日 令和〇〇年〇〇月〇〇日	
世帯主氏名 東広島 一郎	
住所 広島県東広島市西条栄町8番29号 東広島市役所内	公印
保険者番号 340588	交付者名 東広島市

(From the webpage of
Higashihiroshima city)



- ◆ Please bring your “**Eligibility Confirmation Certificate**” or “My Number Card” with registered health insurance card functions.
- ◆ On the websites of Higashi-Hiroshima City and Hiroshima City, you can search for medical facilities that can offer services in foreign languages.

Emergency Contact Card

Please carry it with you at all times!

Example:

学生情報 / Student Information		緊急連絡カード Emergency Contact Card	
フリガナ Name in Katakana	ヒロシマ タロウ	 広島大学 緊急時には、下記に電話して下さい!! In case of Emergency, please contact below!! * 広島大学国際交流グループ 082-424-4541 International Exchange Group (受付時間 / Office hour: 平日 / Weekdays 8:30-17:15) * IDEC 学生支援窓口 123-456-7890 Student Support Office (受付時間 / Office hour: 平日 / Weekdays 8:30-17:15) * 指導教員 Sensei 123-456-7891 Supervisor	
氏名 / Name	Taro Hiroshima		
出身国 / Country	Japan		
血液型 / Blood type	A+		
生年月日 / Birth date	1990/1/23		
宗教 / Religion	Buddhism		
教会・モスク等 Church, mosque, etc.			

医療情報 / Medical Information	HIROSHIMA UNIVERSITY
今までにかかった大きな病気 / Severe illnesses in the past N/A	 怪我や歯の治療で麻酔 Have you ever had No / Yes : かかりつけの医療機関 / Family doctor or hospital Hiroshima University Hospital Tel <備考 / note>  広島大学国際交流グループ Hiroshima University International Exchange Group
治療中の持病名 / Illness under medical treatment	
現在飲んでいる薬 / Medication taken presently	
食物・薬物アレルギー / Food and/or drug allergies	

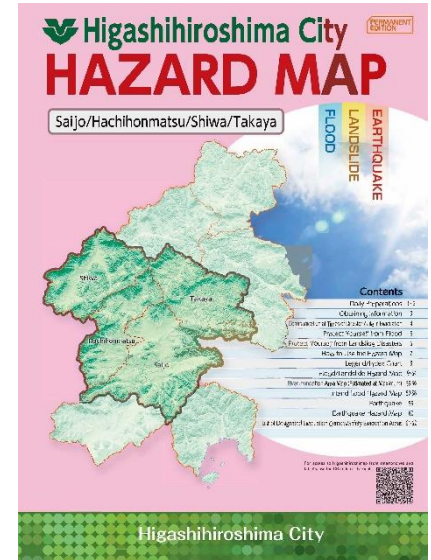
**Fill in other
information if needed.
(Ex. Home phone no.)**

How to protect you from disasters... -Preparation -

Do it soon after arriving in Japan

- 1 Check the hazard map around your house
You can check it on your city's webpage.

- ★ Know **what disasters will be threatening** in your area
... Floods, Landslides, Tsunami
- ★ Confirm the route to the evacuation shelters



Higashihiroshima city

Higashihiroshima city hazard map



Hiroshima city

Disaster Prevention Portal



Disaster Prevention Portal

Information on high-risk areas and evacuation sites

- 2 Prepare to obtain disaster information

For residents in Higashihiroshima city

Sign up for the “**City Disaster Prevention Email Service**”

For residents in Hiroshima city

Download the app “**Go to the evacuation site!**” (避難所へGo!)

When disasters actually happen...

1

Collect information

Higashihiroshima city

Hiroshima city

Class cancellation

Higashi-Hiroshima City

Disaster prevention info-mail service

App “Go to Evacuation Shelter!” (避難所へGo!)



○ You can get latest information on this website
“DISASTER INFORMATION”
(provided by the japan times)
<https://disaster.japantimes.co.jp/>

2

Consider evacuation depending on situations



(In the case of heavy rain) It may be better to move up to higher place, such as the upper floors of your apartment if evacuation itself seems dangerous, such as at night.

3

Answer to a survey conducted by HU to report your safety



This survey can be answered after the situation has settled.

Smoking Ban



HIGASHI HIROSHIMA POLICE STATION



Dear Cyclists

自転車を利用される皆さまへ

English

英語

For adults, too
大人も

All cyclists are now required to endeavor to wear helmets!

自転車乗車用ヘルメット着用が努力義務に!

It became mandatory for cyclists of **all ages** to endeavor to wear helmets from April 1, 2023.

2023年4月1日から**全ての年齢層**の自転車利用者に対して、乗車用ヘルメットの着用が努力義務となりました。



Bicycles are classified as vehicles. Cyclists must obey safety rules!

自転車は「車両」です。交通ルールを守ろう!

When riding your bicycle

自転車の通行は



In principle, cyclists should ride on the road, and keep to the left side of the street.

車道が原則、左側を通行



Cyclists can use sidewalks only in exceptional cases, and must give priority to pedestrians.

歩道は例外、歩行者を優先

At intersections

交差点では



Cyclists should obey traffic light signals, come to a full stop, and check the traffic in all directions to make sure it is safe to enter.

信号と一時停止を守って、安全確認



NO riding under the influence of alcohol

飲酒運転は禁止



Use bicycle lights at night

夜間はライトを点灯

Rule violations may result in a fine or imprisonment.

違反をすると、罰金や罰金が科される場合があります。

Hiroshima Prefectural Police, Hiroshima Prefecture
Hiroshima Traffic Safety Association, Hiroshima Traffic Safety Promotion Center

広島県警察 広島県 公益財団法人広島県交通安全協会・広島県交通安全活動推進センター

No riding while ...

「ながら運転」はやめましょう!



using a smartphone

スマホ等使用運転



using earphones

イヤホン等使用運転



holding an open umbrella

傘差し運転

Cyclists must enroll in bicycle liability insurance!

自転車保険に加入しましょう!



Bicycle insurance became mandatory from April 1, 2023.
2023年4月1日から義務に!

“Regulations for the promotion of using bicycles and the promotion of the safe and appropriate use of bicycles in Hiroshima Prefecture” make it mandatory for all those who use bicycles in Hiroshima Prefecture to be insured.

「広島県自転車の活用の推進及び安全で適正な利用の促進に関する条例」により、広島県内で自転車を利用する場合、自転車保険等に加入しなければなりません。

What to do in the event of a traffic accident

交通事故への対応

If a traffic accident happens

もしも事故を起こしてしまったら

- Call an ambulance (dial 119) if someone is injured.

負傷者がいる場合は、119番で救急車を呼びましょう。

- Regardless of whether anyone is injured, call the police (dial 110).

負傷者の有無にかかわらず、110番で警察に通報しましょう。

- Cyclists are also obligated to explain to the police how the accident happened.

自転車の運転者も警察官に交通事故の状況を報告する義務があります。

119



110



How to use bicycles safely

自転車の安全利用について



Regulations on using bicycles in Hiroshima Prefecture

広島県自転車条例について



Site with information on daily life for foreign residents in Hiroshima. Live in Hiroshima

広島県在住外国人生活情報サイトLive in Hiroshima





Motorized bicycles are classified like motorcycles or cars!

When riding a motorized bicycle, you must obey the same traffic rules as motorcycles and cars, even if you only use it with pedals. These include having a driver's license, not driving on the sidewalk, and wearing a helmet.



What you need before riding a motorized bicycle

Check 01

A driver's license for motorcycles or cars

Check 02

A brake light, rearview mirror, and blinkers.

Check 03

A displayed license plate

Check 04

A compulsory automobile liability insurance

National Police Agency
Prefectural Police



Ignoring Traffic Laws is Illegal!



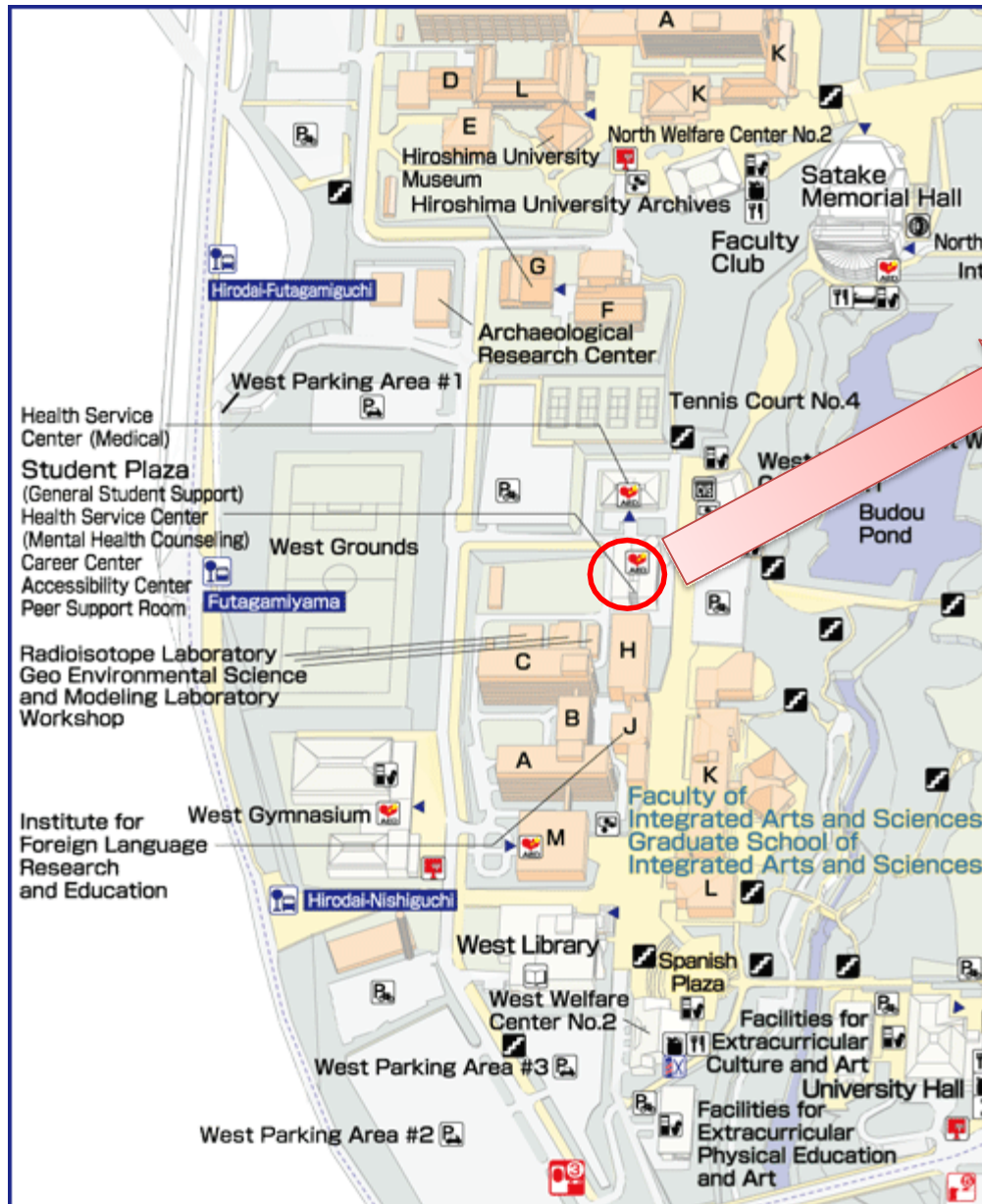
Officially Approved Motorized Bicycles

Bicycles with driving aids that are type-approved and bear the TS mark are subject to Bicycle Traffic Rules. If you want to use a motor-assisted bicycle, choose one with a TS mark!



Type-approved bicycle list

2. Scholarships, Public Schemes, and Student Insurance



**Student Plaza, third floor
(8:30-17:15)**



**Global Exchange Group
Student Services Group**

E-mail:

kokusai-sien@office.hiroshima-u.ac.jp

- **Scholarships**

- **Public Schemes**

 - National Health Insurance**

 - National Pension**

- **Student Insurance**

Scholarships from Private Foundations

Standard Application Eligibility: Resident Status “Student”.

Start of Application Period: Beginning around July of the year prior to start of benefits

Monthly Amount: ¥20,000 - ¥230,000

Recipient Period: From one year to the standard course duration

Detailed Information: Posted on the Momiji Bulletin Board as soon as the application guidelines are provided by each foundation.

Application Methods etc.:

● **University Recommendation** (approx.40 organizations)

👉 Application forms should be submitted to the support office.

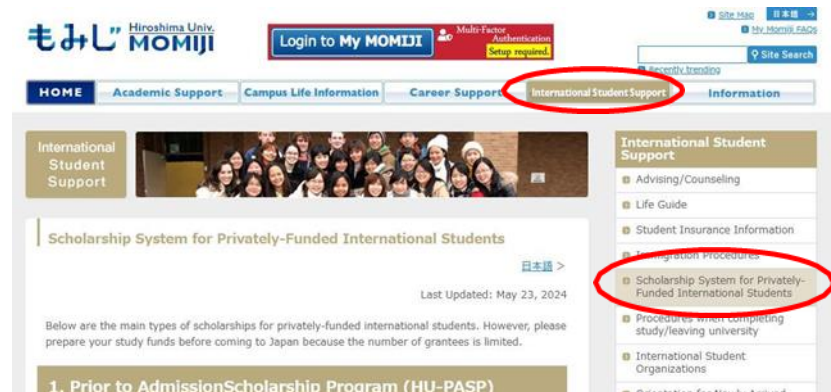
* Once applying for a scholarship, you cannot apply for another scholarship until the results are announced.

● **Individual Application** (approx. 10 organizations)

👉 Apply to each foundation individually

Reference: For an overview, see the Momiji webpage.

Inquiries: Student Services Group (Student Plaza 3F)
or each support office



National Health Insurance

“Kokumin Kenko Hoken”

Everyone living in Japan **MUST** be enrolled in some form of public health insurance.

International Students



National Health Insurance

*You are obligated to pay National Health Insurance premiums.

Insurance covers 70% of medical cost.

You will be issued an **Eligibility Confirmation Certificate** when you enroll in National Health Insurance.

Be sure to bring it with you when you visit a medical institution.

⇒ You are required to **pay only 30% of medical cost** at that time.

*After obtaining your My Number Card and registering your health insurance card functions on it, you can use your My Number Card as your health insurance card.

Medical Cost

National Pension

“Kokumin Nenkin”

Everyone aged between 20 and 59 living in Japan is obliged to enroll in the scheme and must pay the premium.

National Pension Scheme premiums are the same for everyone, irrespective of age or income. (¥ 17,510/month in FY2025)

Mandatory but...

Students  can apply for exemption/postponement of payments.

The Special Payment System for Students for regular students.

*It is necessary to reapply for postponement each year.

or

The Payment Exemption System for non-regular students.

Recommended  Application for pension exemption

Personal Liability Insurance

Incident!

e.g.: When you ride a bicycle, hit a pedestrian,
he gets severely injured.....

You might be asked to pay **20 million yen**

If you have personal liability insurance

- 👉 Compensation for the damage you cause to other persons or their properties.
- 👉 Every international student is highly encouraged to purchase Liability Insurance.

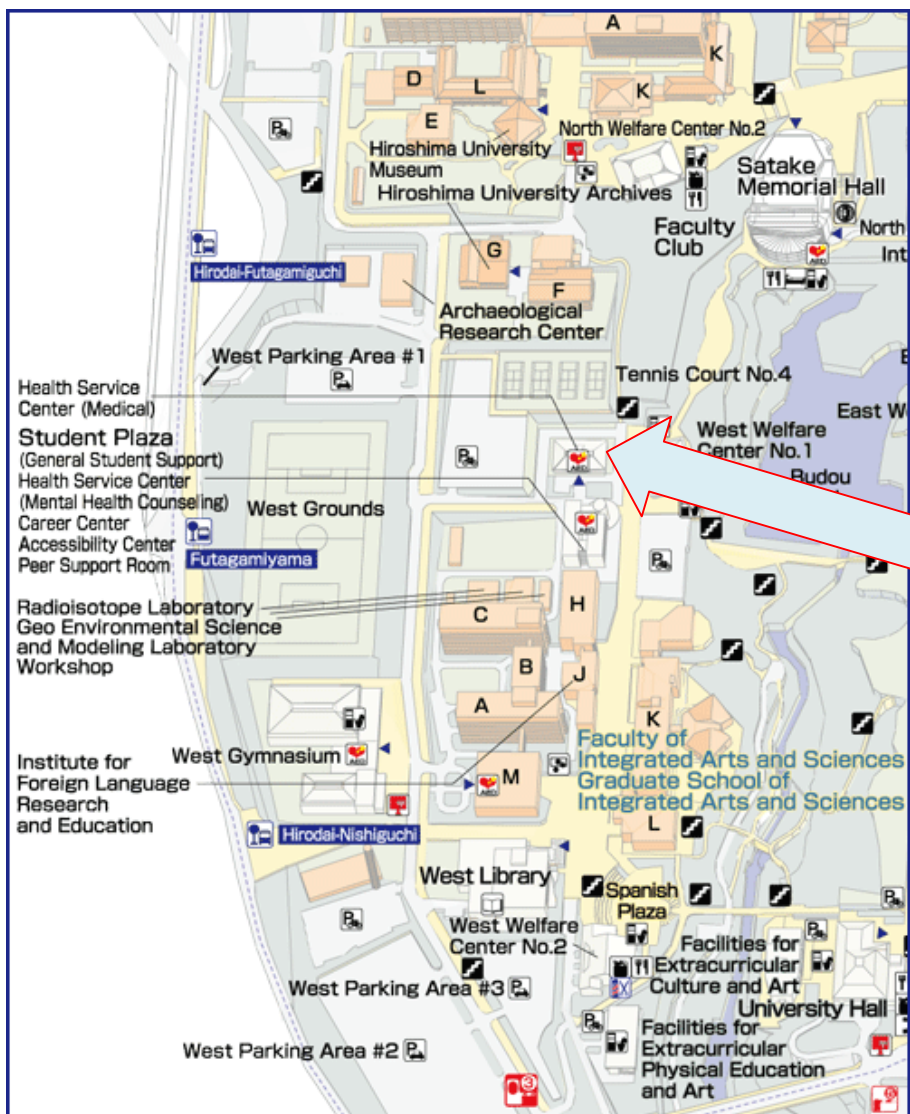
e.g. Comprehensive Insurance for Student Lives Coupled with "GAKKENSAI* "

1 year - ¥1,860 , 2 years - ¥3,260 , 3 years - ¥4,680 (type A)

*Hiroshima University Co-op shop also provides the same type of insurance.

P.S.: "GAKKENSAI" is a university-provided insurance policy covering students who sustain physical injury during regular curricular activities, school events etc. If you are injured on campus or while commuting to school,
👉 contact each support office or the Student Services Group at Student Plaza.

3. Immigration Procedures



Student Plaza 3F (8:30-17:15)



Global Exchange Group

E-mail:

kokusai-sien@office.hiroshima-u.ac.jp



HIROSHIMA UNIVERSITY

①Residence Card, Notification of Address

- The “Residence Card” has been issued for the people who will stay in Japan more than 3 months.

- Please keep your residence card in your possession at all times.



- Please go to your local town office(City Hall) with your passport (and residence card) to submit a notification of moving in when you decided your address.
- You must also submit a notification to your local town office (City Hall) after you move to another location.

- Those who enroll in Hiroshima University from another school or university in Japan
⇒ Please submit the "Notification of the accepting organization" after you have enrolled within 14 days.

Online:

- Please access the URL below and choose your language. Please be careful of the restrictions regarding the use of half-width or full-width characters.

<https://www.ens-immi.moj.go.jp/NA01/NAA01S/NAA01STransfer>

- How to submit a notification online :

<https://www.moj.go.jp/isa/content/001351302.pdf>

By post:

- It can be submitted by post.

Please refer to the website of “[MOMIJI](#)” for details.



②Apply for the “EXTENSION OF PERIOD OF STAY (VISA EXTENSION)”

- If you want to continue studying in Japan even after the period of your stay comes to an end, you must **apply for an extension of your visa** before it expires.
- ☆Applications accepted at the Hiroshima Regional Immigration Bureau.
(You can apply through the university in Apr., Jun., Oct., and Nov..)
(Please refer to the website of “[MOMIJI](#)” for more details.)
- If you are going to continue job-hunting or secure employment after you finish your study, you need to apply for “**Change of status of residence**”.

- You can check the expiration date of your visa on either your residence card or your passport.

Residence card

日本国政府 在留カード 番号 AB12345678CD
GOVERNMENT OF JAPAN RESIDENCE CARD No.

氏名 TURNER ELIZABETH
NAME

生年月日 1985年12月31日 性別 女 F. 国籍・地域 米国
DATE OF BIRTH Y M D SEX NATIONALITY/REGION

住居地 東京都千代田区霞が関1丁目1番1号霞が関ハイツ202号
ADDRESS

在留資格 留学
STATUS Student

就労制限の有無 就労不可

在留期間(満了日) 4年3月 (2018年10月20日)
PERIOD OF STAY (DATE OF EXPIRATION) Y M Y M D

許可の種類 在留期間更新許可(東京入国管理局長) ◆MOJ◆

許可年月日 2014年06月10日 交付年月日 2014年06月10日

このカードは 2018年10月20日まで有効 です。
PERIOD OF VALIDITY OF THIS CARD

見本・SAMPLE 法務大臣 法務大臣印

Sticker in the passport

JAPAN IMMIGRATION INSPECTOR
上陸許可
LANDING PERMISSION

許可年月日 -1 JUN 2010
Date of issue:

在留期限 30 AUG 2010
Until:

在留資格 短期滞在
Status: Temporary Visitor

在留期間 90days
Duration:

NARITA(2)

0000000000

XT 0000033





③ Apply for the “Permission to Engage in Activity other than that Permitted under the Status of Residence Previously Granted (PART-TIME WORK PERMIT)”

- International students are not allowed to work for a living. However, you can receive permission from the Immigration Bureau to hold a part-time job to a degree which does not interfere with your study or research. Before you start working, you must apply for “Part-Time Work Permit”.
- Working at questionable establishments such as bars, clubs, hostess clubs, etc. (including cleaning and washing dishes) will not be permitted.
- Should you receive any salary or payments for work done without permission, you may be subject to fines of up to 2million yen.

☆Permission Hours ··· **up to 28 hours per week**

(up to 8 hours per day during the long vacations.)

(You don't need this permission if you work as a TA or a RA within HU.)



©When to report ⇒ 1. Before starting your part-time work you have found
2. Before applying for a visa extension

PERMIT TO ENGAGE IN ACTIVITY OTHER THAN THAT PERMITTED BY THE STATUS OF RESIDENCE PREVIOUSLY GRANTED			
許可番号 東京-000001 号			
No.			
1 国籍・姓	姓	氏名 THURER ELIZABETH	
Nationality / Region		Name	
3 性別	男・女	4 生年月日	1985 年 12 月 31 日
Sex	Male/Female	Date of Birth	Year Month Day
5 住居地	省略		
Address			
6 住居番号	省略		
Resident Number			
7 上陸(在留)許可年月日	省略		
Date of Entry (Residence) Permit	Year	Month	Day
8 現在に在留する在留資格	在留期間	在留期間満了日	2028 年 02 月 02 日
Status of Residence	Period of Stay	Date of Expiration	Year Month Day
9 在留カード番号	AB12345678CD		
Residence Card No.			
10 現在の在留資格の内容(入国・滞在機関及びその場合にほのめられるもの)	省略		
Present Activity			
11 新たに許可された活動の内容	省略		
Other activity to be engaged in			
出入国管理及び難民認定法第19条第2項第1号に規定する活動 (動) 許可による。許可期間満了日、および難民認定法第19条第2項第1号に規定する活動(動)の 内容については条約に準じて、別紙に記述する事			
12 許可の期限	2028 年 02 月 02 日 まで		
Valid Until	Year	Month	Day
出入国管理及び難民認定法第19条第2項第2号に規定する上記の活動に従事することを許可し ます。ただし、上記の活動を行う際は、本許可を携帯しなければならないものとします。 Under the provisions of Article 19, Paragraph 2, of the Immigration Control and Refugee Recognition Act, permission is granted to activity other than that permitted by the status of residence previously granted as hereby shown as prescribed above. Carry this permit when engaging in the activity prescribed above.			
東京		2023 年 11 月 02 日	
出入国在留管理局長		印	
Director General of the	Tokyo	Regional Immigration Services Bureau	

Page 2 of 2

④ “RE-ENTRY PERMIT”

- Please submit the relevant form for international travel from the system below to provide the university with emergency contact information before your departure.

“Momiji” → Academic Support

→ Study Abroad/Overseas Travel Information

→ [Application System for Overseas Travel](#)



- Persons who will be re-entering Japan within 1 year are not required to apply for a re-entry permit.
It is called “**Special re-entry permission**”.

When you intend to depart from Japan with special re-entry permission,

1. Be sure to present your residence card with your passport at departure.

2. Please fill out the **E/D card** as indicated below at departure.

再入国出国記録 EMBARKATION CARD FOR REENTRANT ①
【 DEPARTURE 】

氏 名 Name	Family Name		
	Given Names		
生年月日 Date of Birth	Day日	Month月	Year年
航空機名・船名 Flight No./Vessel	主な渡航先国名 Destination		
	出国予定期間 intended period out of Japan		
☒ 1年以内 Within one year			
☐ 1年超2年以内 Over one year but within two years			
☐ 2年超 Over two years			

次のいずれかに☑を記入してください。 Please check either one of the boxes below.

☒ 1. 一時的な出国であり、再入国する予定です。
I am leaving Japan temporarily and will return.

☐ 2. 「再入国許可」の有效期間内に再入国の予定はありません。
I do not plan to re-enter Japan while my re-entry permit is valid.
(地方入国管理官署で「再入国許可」を受けており、その有効期間内です。
(Check the box if you do not plan to re-enter Japan while your re-entry permit, at regional immigration bureau, is valid.)

署 名
Signature

官用欄
Official Use Only

Please check the box for “Within one year”.

Please check the box for “I am leaving Japan temporarily and will return.”.

- Persons who will be re-entering Japan after 1 year are required to apply for a re-entry permit at the Immigration Bureau before your departure.
(The validity period is within the scope of the current period of stay.)
- Please refer to the website of Immigration Bureau for more details.
<https://www.moj.go.jp/isa/applications/procedures/16-5.html>



⑤ Resident Status “Student”

- If you do not have an acceptable reason for not attending university for 3 or more months, your “student” visa will be revoked, and you will be forced to return to your home country.
- **Research student and special auditing student are required to take/do more than 10 hours lecture/research activity per week by Immigration Control and Refugee Recognition Act.**

⑥ Leave of Absence from University

- As a general rule, any student-visa holder who takes a temporary leave of absence from the university on the grounds of a lack of funds cannot stay in Japan.
- Working a part-time job while on a leave of absence is not permitted.

⑦ Detailed information about Immigration Procedures

Please refer to the website of “[MOMIJI](#)” for further information.



International Student Support
↓
Immigration Procedures



The screenshot shows the MOMIJI website interface. At the top, there is a navigation bar with the MOMIJI logo and a login button. Below the navigation bar, there is a main menu with several categories: HOME, Academic Support, Campus Life Information, Career Support, International Student Support, and Information. The International Student Support category is highlighted with a red box. A red arrow points from the 'International Student Support' menu item to a sub-menu that lists various services: Advising/Counseling, Life Guide, Student Insurance Information, Immigration Procedures, Scholarship System for Privately-Funded International Students, Procedures when completing study/leaving university, International Student Organizations, Orientation for Newly Arrived International Students, and Hiroshima University Regulations (English Version). The 'Immigration Procedures' item in the sub-menu is also highlighted with a red box. On the left side of the page, there is an 'Event&News' section with a list of recent news items. At the bottom, there is a 'Campus Activities' section with images of students and campus events.



International Student Support



Immigration Procedures

* When we use the word "visa", it can also include the meaning of "status of residence".

International students receive a "student" visa from the Immigration Bureau, Ministry of Justice, which means that they are permitted to stay in Japan on the condition that they undertake study (research) at Hiroshima University. As an international student, there are several visa procedures you need to keep in mind while you are living in Japan. Please read the contents of the following list carefully to make yourself aware of procedures and matters concerning your stay in Japan.

- [When the period of your "student" visa is coming to an end...](#)
- [If you are considering working part-time...](#)
- [AY2025 Application schedule for extension of period of stay and part-time work permit from the university](#)
- [When you leave Japan temporarily...](#)
- [Regarding University Attendance](#)
- [Regarding the "Notification of the accepting organization" to the Immigration Bureau](#)
(Those who enroll in another university/school from Hiroshima University,
Those who enroll in Hiroshima University from another school/university)
- [When bringing family members to Japan from your home country to live...](#)
- [If you have lost your residence card...](#)
- [Notification from Immigration Services Agency](#)
- [Hiroshima Regional Immigration Bureau Address](#)

【Contact information】
Global Exchange Group, Hiroshima University

International Student Support

- Advising/Counseling
- Life Guide
- Student Insurance Information
- Immigration Procedures
- Scholarship System for Privately-Funded International Students
- Procedures when completing study/leaving university
- International Student Organizations
- Orientation for Newly Arrived International Students
- Hiroshima University Regulations (English Version)
- Housing for International Students
- Supporter System for International Students
- Events / Notices on and off Campus
- Learning Japanese



Hiroshima Regional Immigration Services Bureau

Address : 2-31 Kami-Hatchobori, Naka-ku, Hiroshima
(in the Hiroshima Legal Affairs Government Complex)

Phone number :

Employment and Permanent Residence Examination Department
⇒ 082-221-4412

Student and Trainee Examination Department ⇒ 082-221-4468

1. Office Hours: from 9:00 AM to 4:00 PM

Monday to Friday (except national holidays)

2. The application form and the list of required documents are available from the Student Support Office in your School/ Graduate School or the Global Exchange Group.

Website of “Immigration Services Agency of Japan”

<https://www.moj.go.jp/isa/index.html>



[Immigration Services Agency Email Distribution Service |](#)
[Immigration Services Agency](#)



4. Introduction to Hiroshima University Library



Central Library

**We have
five
libraries in
total**



East Library



West Library



Kasumi Library



Higashi-Senda
Library

How to Borrow Books



Student ID



Books

How many books can I borrow and how long for?

Graduates : 15 books for 30 days at each library
Undergraduates: 10 books for 3 weeks at each library

To use books and other materials from the East Library, please make a request through the library website.

Study Spaces*

Group study

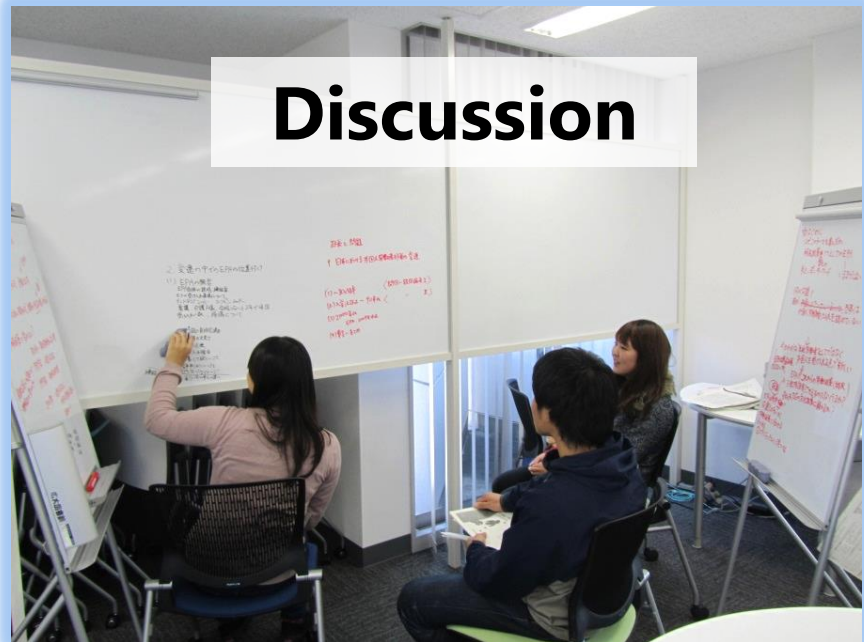


Individual study



***Facilities and services are different for each library. Please check our website for the information.**

Discussion



Library Website

<https://www.hiroshima-u.ac.jp/en/library>

HIROSHIMA UNIVERSITY

Japanese English Chinese

Site Map Directions Contact Us

Hiroshima University Library

Google 提供

広島大学図書館
東千田図書館
Hiroshima University Library
Higashi-Senda Library

Home > Hiroshima University Library

2025/08/26(TUE)

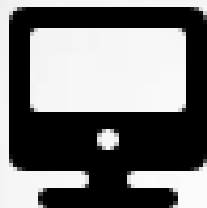
Library	Opening Hours
Central	08:30-17:00
East	08:30-17:00

! Important Notices

[All] Library Website Has Moved

[All] Regarding Applications for Document Copying and Book Borrowing (August 8 - Early September)

- Online catalog for books, journals, electronic books, electronic journals and other materials
- Online databases



Hiroshima University
Library



@HiroshimaU_Lib

5. Health Service Center Guide

Welcome to our service guide!

We support your healthy life.

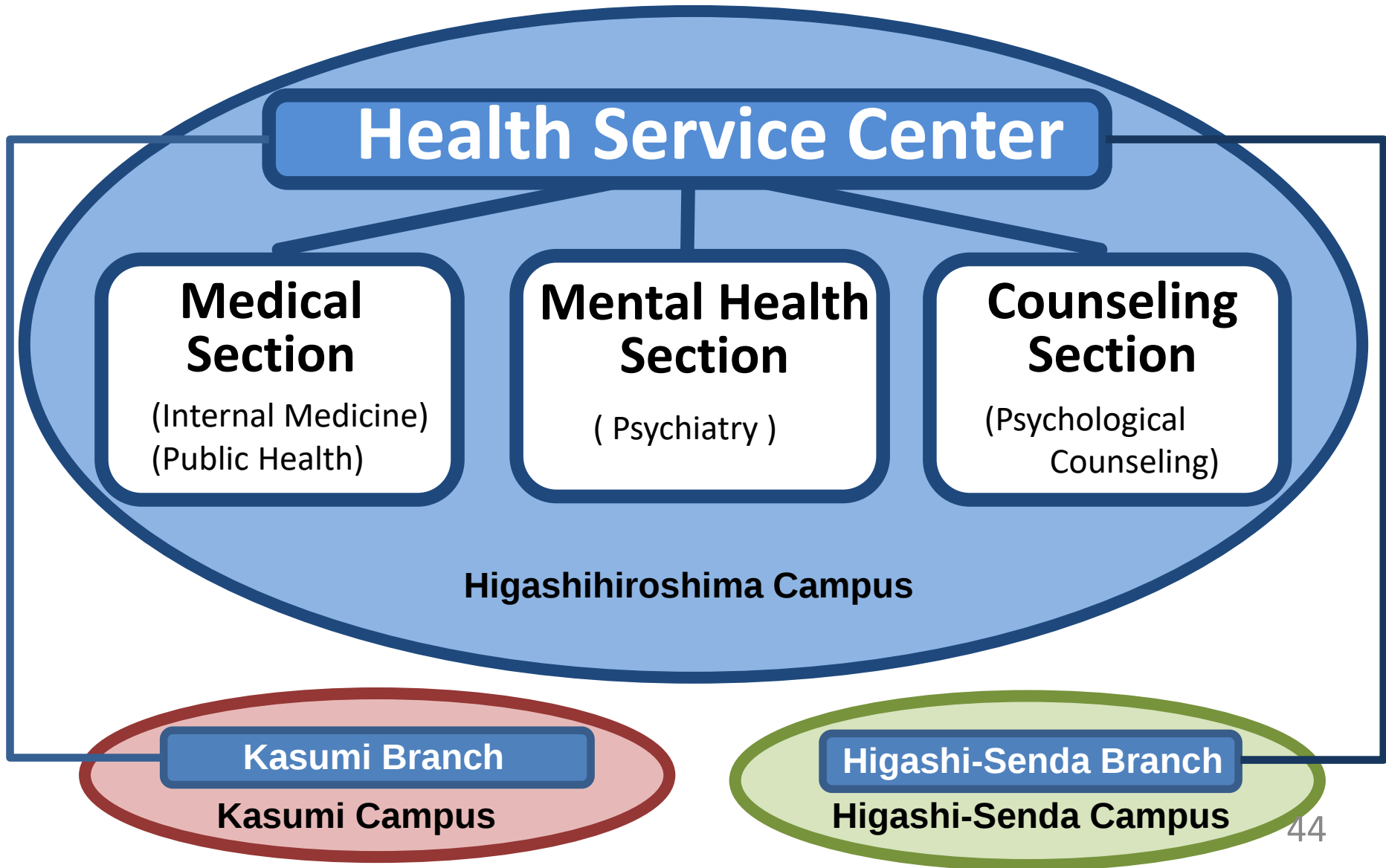
Get to know about Health Service Center
and make good use of our services.



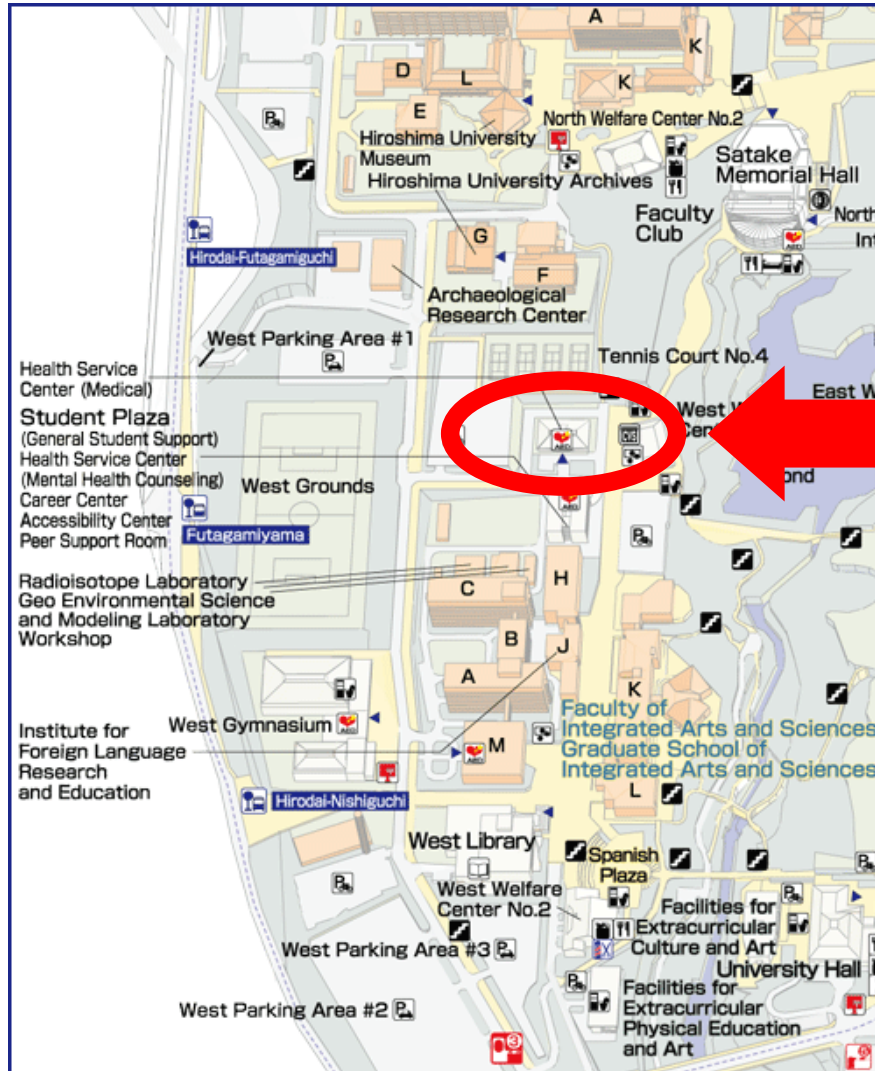
1. Health Service Center is...

- a university-wide health support center for every registered student and staff of Hiroshima University.
- working to prevent disease and promote health.
- composed of specialists such as doctors (internists, psychiatrists), nurses, a radiological technician, clinical psychologists and so on.

3 offices on 3 campuses



HSC Medical Section



**Health Service Center
(in front of Student Plaza)**

Office Hours: weekdays 9:00-17:00

Tel: 082-424-6192

Mental Health & Counseling Section



Student Plaza 4F

Office Hours: weekdays 9:00-17:00

Tel(Mental Health):082-424-6186

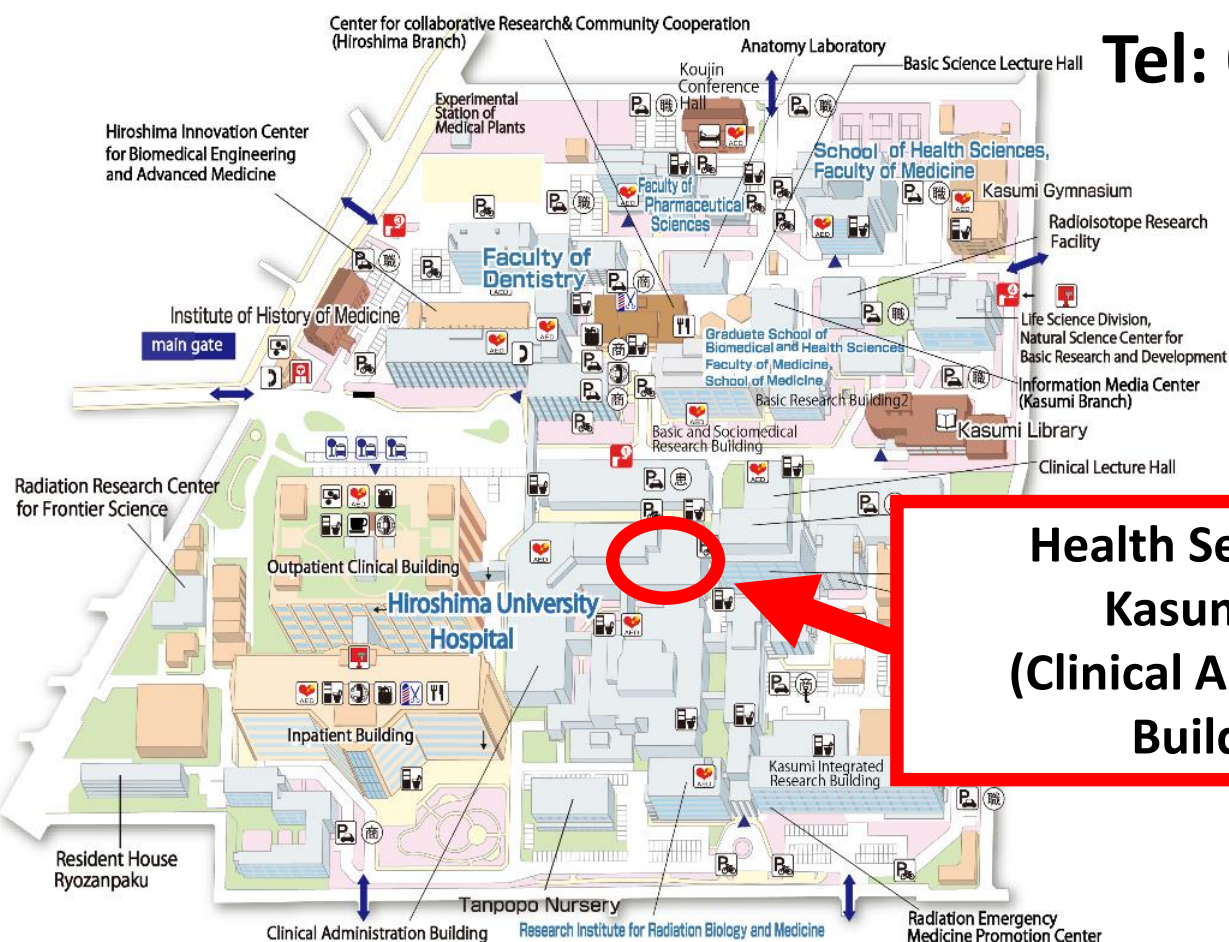
(Counseling):082-424-6187

Health Service Center Kasumi Branch

Office Hours: weekdays 9:00-17:15

(First-Aid 8:30-)

Tel: 082-257-5096



**Health Service Center
Kasumi Branch
(Clinical Administration
Building 1F)**

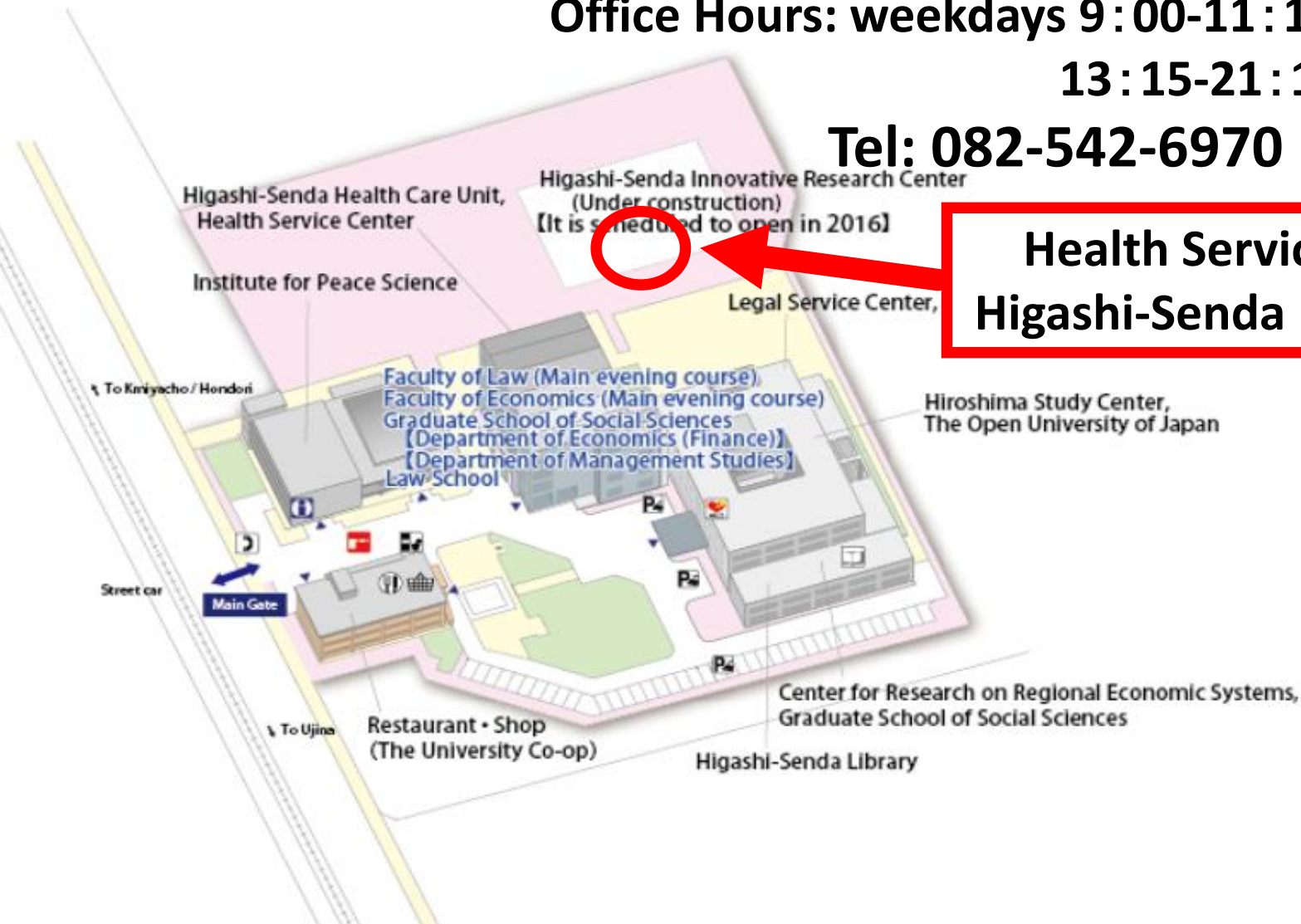
Health Service Center Higashi-Senda Branch

Office Hours: weekdays 9:00-11:15

13:15-21:10

Tel: 082-542-6970

**Health Service Center
Higashi-Senda Branch (1F)**



2. About our services (Free)

- Consultation on internal medicine
- Physical / Public health consultation
- First aid
- Health Checkup
- Issue Health Certificates
- Consultation on mental health *
- Counseling for students * [* appointment is required]

■ Consultation on internal medicine

Medical Section

- If you feel unwell, you can consult a doctor of internal medicine during consultation hours.
- General health consultation is also available.
- If necessary, the internist will provide information of outside medical institution.

* The primary role of Health Service Center is consultation and referral.

■ First aid

Medical Section

- You can receive first aid when you get hurt.
- In case of emergency during office hours, you can receive medical care.
- If needed, the internist will provide information of outside medical specialists.

Health Checkup

Medical section

Health Checkup for NEW students (FREE)

NEW Students **MUST** get the health checkup.

You will receive the information from Support Office.

Periodic Health Checkup (FREE)

Every student **MUST** get the checkup every year.

This checkup is only offered once a year and the schedule will be listed in Momiji and 学生・職員健康診断の案内・結果 / STUDENT AND STAFF HEALTH CHECKUP section at <https://health.hiroshima-u.ac.jp/>

If you take a health check by yourself at an external institution,
you need to pay the expense and the health insurance will not cover the charge.

■ Issuance of Health Certificate

Medical Section

- A health certificate is required in several situations such as scholarship applications, job applications, etc..
- You can also get a certificate in English at Medical Section on each campus.

A health certificate is ONLY issued to those who have taken the health checkup of that year.

Contact Information of Medical Section

Medical Section's e-mail (available for all campuses)

health@hiroshima-u.ac.jp

◆ **HSC Medical Section (Higashi-Hiroshima Campus)**

TEL 082-424-6192

◆ **Kasumi Branch (Kasumi Campus)**

TEL 082-257-5096

◆ **Higashi-Senda Branch (Higashi-Senda Campus)**

TEL 082-542-6970

■ Consultation on mental health

Mental Health Section

- You can consult a psychiatrist about your mental state, for example, feeling depressed, not sleeping well, getting tense too much in social life and so on.
- An appointment is required for consultation.
- If necessary, you will get a referral to an outside medical institution.

Contact Information of Mental Health Section

Mental Health Section's e-mail (available for all campuses)

mental@hiroshima-u.ac.jp

intake for international students

✂ For first-time contact, email is preferred.

rcounsel@hiroshima-u.ac.jp

◆ **HSC Mental Health Section (Higashi-Hiroshima Campus)**

TEL 082-424-6186

◆ **Kasumi Branch (Kasumi Campus)**

TEL 082-257-5096

◆ **Higashi-Senda Branch (Higashi-Senda Campus)**

TEL 082-542-6970

■ Psychological Counseling

Counseling Section

- You can consult a counselor (psychologist) your concerns about study, future career path, interpersonal relations, your personality, etc..
- If necessary, a counselor can cooperate with a psychiatrist for further support.
- International students can consult a counselor in English or Japanese.

Contact Information of Counseling Section

Counseling Section's e-mail (available for all campuses)

rcounsel@hiroshima-u.ac.jp

◆ **HSC Counseling Section (Higashi-Hiroshima Campus)**

TEL 082-424-6187 (in Japanese)

◆ **Kasumi Branch (Kasumi Campus)**

TEL 082-257-5096 (in Japanese)

◆ **Higashi-Senda Branch (Higashi-Senda Campus)**

TEL 082-542-6970 (in Japanese)

3. Stress

- Starting a new academic life often requires time for adjustment. You may find yourself trying too hard to adjust, getting sick easily, or becoming depressed with small matters. As an international student away from home, you may experience many challenges in Japanese culture, new friends from multicultural background, adjusting to new academic learning systems, and living on a limited budget. You may feel isolated because you cannot easily find support and comfort of family, friends, safe place, or stress managing activities that you had in back home.
- At such times, the following signs of stress may appear such as,
 - ☐ irritability ☐ sleep problems ☐ poor concentration
 - ☐ anxiety ☐ depression

Stress Management and Prevention

- Cutting down your workload
- Talking to others friends and family
- Talking to your tutor, staff and teachers
- having a more healthy lifestyle (eat well, exercise, get enough sleep, spend some time socializing)

We are happy to work on the details of your stress management and preventative action plans together. Planning and Consulting/Counseling can be a part of illness prevention that we are promoting it to all university members. If you are experiencing Long-term stress, please consult with us.

We will be happy to be a part of
your supportive system!



Counseling Section

Talk to us

- When you are worried about your health or when you are in trouble in campus life, please feel free to consult us.

<https://health.hiroshima-u.ac.jp/>

- Personal information will be kept confidential.
- If you are not sure which section you should consult, email to
rcounsel@hiroshima-u.ac.jp

Please check our website

<https://health.hiroshima-u.ac.jp/>



6. Accessibility Center Hiroshima University

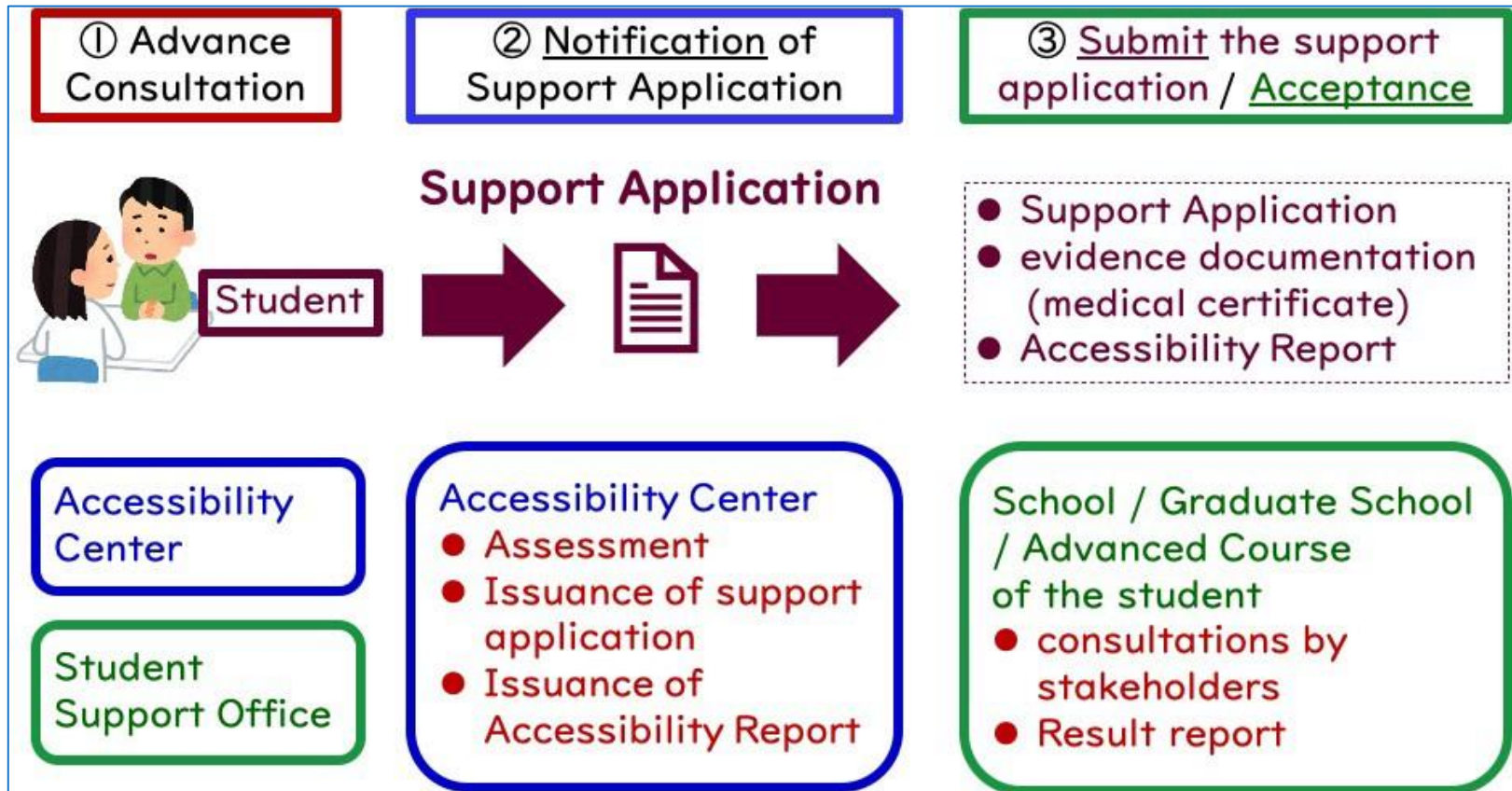
ACHU

- Accessibility support for students with disabilities
- Education for Accessibility
- Training for student supporters and staff

Accessibility support for students with disabilities

- Hiroshima University provides support for students with special needs.
- Student can submit a learning support application to the faculty or graduate school that student belongs to

Applying for learning support



Types of learning support available to students

- Support for classes
 - sending a request for special treatment to teachers
 - note-taking support
 - assisted writing/typing
- Daily living on campus
 - mobility support and guidance on campus

Types of learning support available to students

- for teaching materials...
 - translation into electronic data, braille
 - enlarged copy
- Captioning for the video
- Loaning out the resources
 - wheelchair, ICT resources, etc.

Accessibility Center



- Student Plaza 2F
- Office Hours :
weekdays 9:30 ~ 17:30
- Mail: achu@hiroshima-u.ac.jp
- TEL & FAX: 082-424-6324
- web page:
<http://www.achu.hiroshima-u.ac.jp/>

7. A Guide for Harassment and Bullying Prevention

Harassment Consultation Office

When you or your friend are in
trouble in your campus life•••••

Hiroshima University has Rules for the
Prevention of Harassment.
We support victims
and organize awareness-raising activities.

What Is Harassment?

Harassment includes so-called
“sexual harassment”,
“power harassment”,
“academic harassment”,
and “moral harassment”.

It can arise ••

between peers

or

with your professor,
senior,
and university official.

Harassment includes

physical assault, verbal assault, scolding and abuse, the threatening, ignoring and ill-treatment of certain people, groundless accusation, throwing tantrums, discriminatory practices, unwanted conduct of a sexual nature, jokes of a sexual nature, and stalking.

For example (1)

Your supervisor strongly demands the results of a study from you, and if you cannot produce a good result s/he shouts at you aggressively and this drives you into a corner.

Example (2)

Your supervisor tells you, “Women are useless”, “Such a beautiful girl cannot get such good marks”,
or
“You must not fall in love until you get a degree”.

Example (3)

You are forced to describe your sexual experiences at a party.

Be aware!

You can become a **victim** of harassment.

You can also become an **offender** or an **irresponsible bystander**.

Think before you act.



Be aware!

Sexual coercion is a crime.

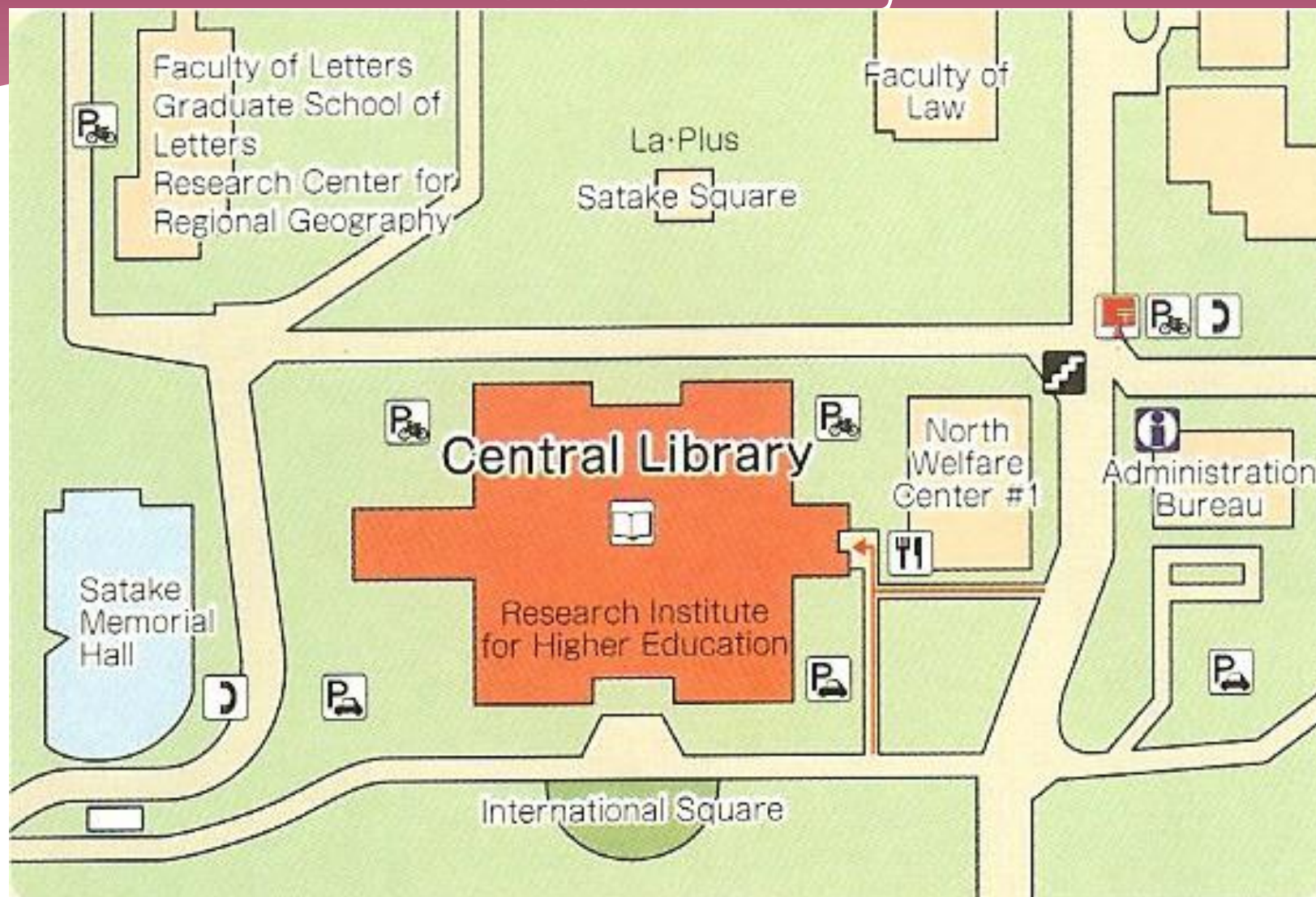
If you are involved in it, the university
will take disciplinary measures.

The Harassment Consultation Office

is a facility under direct supervision of the President.

Professional counselors will find a solution with the victims.

The Office is in the Basement of the Central Library



The Kasumi Office

3rd Floor

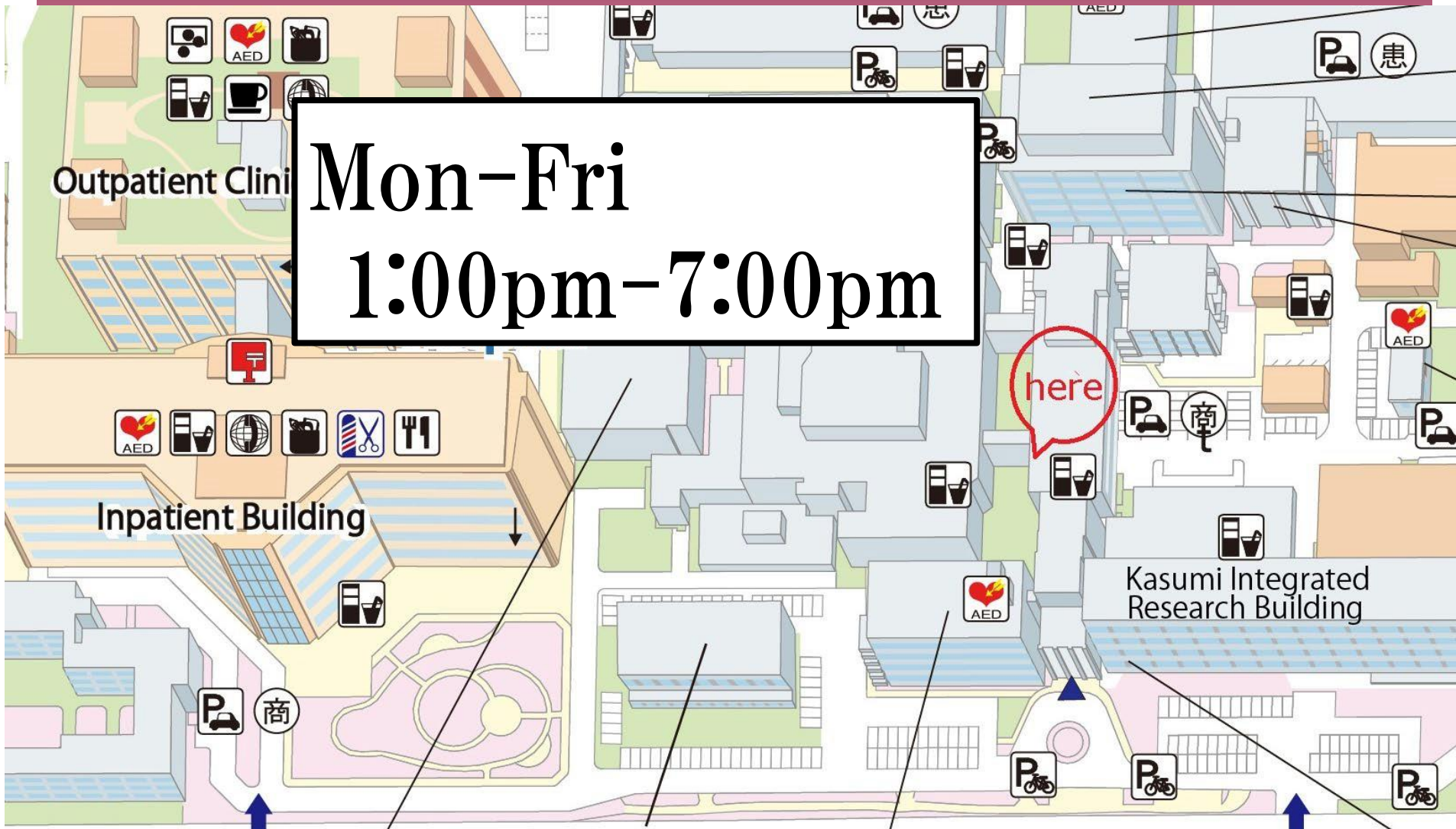
Outpatient Clinic

Mon-Fri
1:00pm-7:00pm

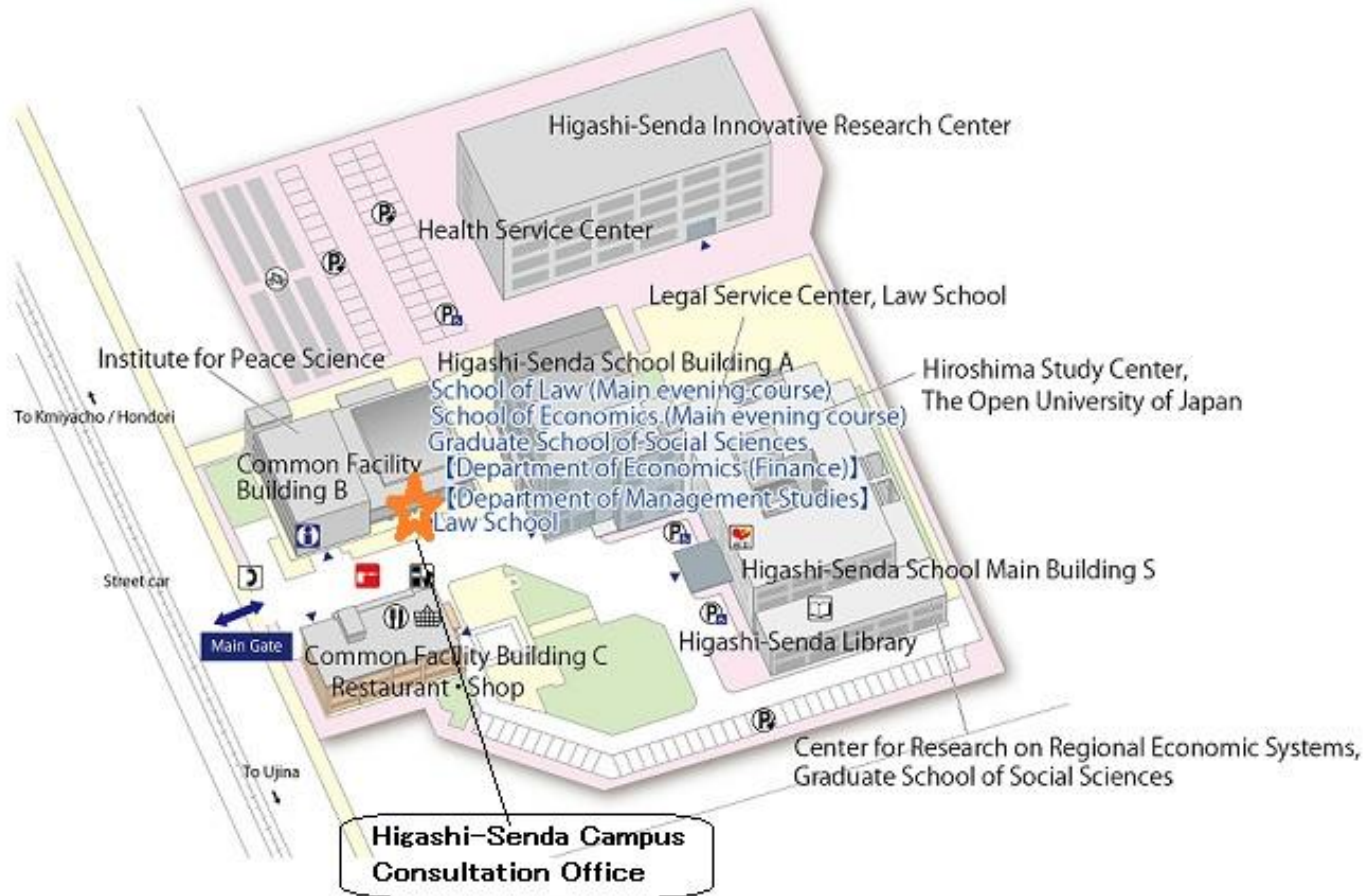
here

Inpatient Building

Kasumi Integrated
Research Building



Higashi Senda Campus





If you wish to have an interview with us,
please call or e-mail us,
or you can just walk in.



Everything you say will be kept confidential.

We won't speak to anyone about what you tell us without your consent.

We will work hard to find the best solution for you.

8. 1. What's the Global Career Design Center?

It supports all students and young researchers, including international students and global talents, for their career development and job-hunting activities.

Undergraduate Students(B)

Graduate Students (M)

Graduate Students (D)

【Location/Office hours】

Student Plaza 2F, Higashi-Hiroshima
Weekdays, 8:30 – 17:15
(excluding national holidays)

【Our services】

Career counseling/Planning of events
related to job hunting and
internships/issemination of information
related to the above



Website: <https://www.hiroshima-u.ac.jp/gcdc>



2. Recruitment of the International Students in the Japanese Industries

Commonly employed in ...

- **Wholesale/Retail:** Approx. **18%** of the former students
- **Manufacturing:** **15%**
- **Academic research/Professional & technical services:** **8%**
- **Information/Communications:** **7%**
- **Lodging/Restaurant service:** **6%**

Source: The Employment of International Students by Japanese Companies, the Immigration Services Agency of Japan.

Workplaces where the HU alums were employed, and more information:
See the university webpage entitled “To International Students”

<https://www.hiroshima-u.ac.jp/gcdc/en/ForInternationalStudents>



2. Recruitment of the International Students in the Japanese Industries

Examples of Jobs

(Common visa status: Technical/Humanities/International Business)

Job Types	Job Titles	Industries
Engineer	• Production/Quality manager • CAD operator • Systems engineer • Construction manager	Manufacturing/IT/Construction
Translator/ Interpreter	• Social Media Management • E-commerce site management and support • Inbound Support	(Many industries)
Planning/ Sales manager	• Expansion of overseas sales channels • Planning and development of products for foreigners • Contact with overseas customers	(Many industries)
Administrator/ Business manager	• Management of non-Japanese technical trainees/part-timers • Bridge employees with local subsidiaries	Many industries with a strong focus on global business and the recruitment of international talent

(Source: JETRO Information on the promotion for Highly-skilled Professionals)

3. Why Japanese companies hire international talent?

- ① To recruit excellent human resources regardless of nationality.
- ② To carry out assignments related to clients overseas.
- ③ To hire foreign nationals who can work as executive candidates for overseas subsidiaries.
- ④ To perform duties arising from newly launched businesses overseas.

Japanese companies have high expectations of international talents who can work globally with their specialties and language ability.

4. Job-Hunting in Japan

- In Japan, we recommend you start job searching while still at university.
- The Global Career Design Center holds a variety of guidance sessions and seminars for international students.
- The guidance sessions and seminars are scheduled on the Global Career Design Center website.

<https://www.hiroshima-u.ac.jp/gcdc/student/guidance>



- As soon as we get more information, we will post it in **My Momiji (Message from the Career Center)**. Check them out!
- Once you have decided on a company to work for, you should first check the recruitment activities schedule on the company's website.



4. Job-Hunting in Japan

Seminars and Events for International Talents

Open to
All Students

■ On-Campus Seminars

- Writing course to prepare your Self-Promotion (PR) and “ES”
- Basic course for finding employment in Japan, etc.

■ Company Briefing Sessions

- On-campus meetings for the companies and students



■ Off-Campus Seminars

Information is posted on the webpage below:

<https://www.hiroshima-u.ac.jp/gcdc/student/gosetsu/ryugakusei>



5. Common Questions in the Job Interviews

Why do you want to work in Japan?

- You may explain the reasons why you want to work in Japan, your motivations or how much you would like to contribute to the company/Japanese society.

How long do you like to work in Japan?

- Make sure to find out whether the job you are applying for requires you to work in Japan for a long period of time before joining the interview.

What benefits would you like to bring to the company?

- You should answer based on your own skills, as well as the internationality and language skills that are the strengths as an international student.

What are you most keen on doing as a student?

- You can answer about the university club activities, hobbies, etc.
You may state that you worked hard at both your studies and your part-time job.

6. How to be Successful to Join Your Preferred Japanese Companies

Japanese language proficiency is QUITE Plus!

Many companies prefer international talents with fluency of Japanese.

Below skills are most advantageous in your job search in Japan.

- (1) Japanese language (speaking/writing/reading)
- (2) Understanding of the Japanese culture
- (3) Specialty (especially for students in science major)

It is vital to be able to speak, read and write in Japanese to go through the job-hunting successfully.

It is recommended to attend Japanese courses as often as you can 😊

Job Hunting Guide in Japan (published by JASSO)

https://www.jasso.go.jp/en/ryugaku/after_study_j/job/guide.html



7. Program to Promote Career Development for

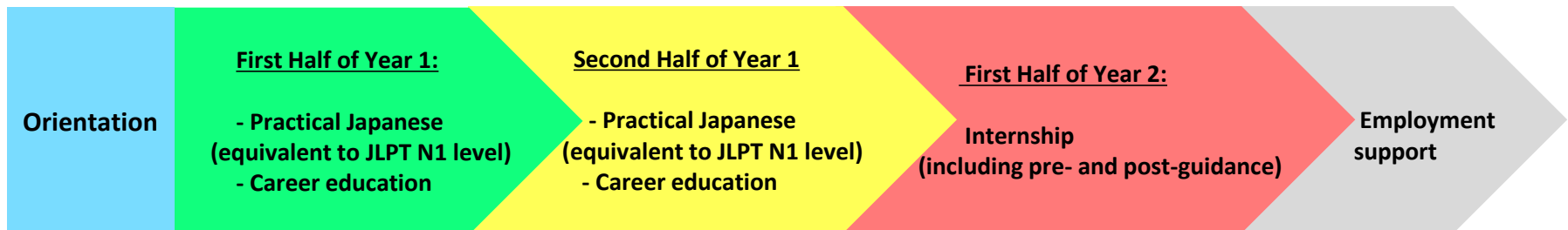


International Students (Scheduled to launch in the 2026 academic year)

- **Graduate School Special Program “Program to Promote Career Development for International Students”**

- Target: International students
- Capacity: 15 students
- Courses Offered: Japanese language education, career education, long-term internship (approximately one month)
- Support: Career development not only in academia but also in Japanese companies and other organizations

- **Program Structure**



- **Enrollment Requirements**

- Must be enrolled in a master's or doctoral program at a graduate school
- Must be an international student who wishes to find employment in Japan
- Must have Japanese language proficiency equivalent to JLPT N2 or higher at the time of program registration
- Must attend the guidance sessions provided by the program

- **Completion Requirements**

- Must earn a total of 6 credits or more, including: 2 credits from Japanese language courses, 2 or more credits from career education courses, 2 credits from the internship

9. Center for Academic Practice and Resources



What is the Center for Academic Practice and Resources?

At the Center for Academic Practice and Resources, students can use the Learning Support Counter to receive counseling on concerns about day-to-day studies and study methods for various areas of liberal arts education (mathematics, physics, chemistry, and English) from the student staff (principally graduate students).

The Center also holds events such as Freshmen Get-together and HU Students Meeting, an event that is planned by the student staff for new students and HU students.

Education and Learning Consultation



Venue : 1st floor, Student Plaza
Higashi-Hiroshima Campus

How to consult :

Face-to-face consultation / Consultation by email /
Online consultations “Whereby”

Opening Hours :

Monday	Tuesday	Wednesday	Thursday	Friday
10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 17 : 00	10 : 00~ 12 : 00

*Except for 12:00-13:00, Monday-Thursday.

*Closed during holidays.

*Consultation is available in English and Chinese as well.

If you wish to have English or Chinese consultation, please contact us by e-mail (capr@hiroshima-u.ac.jp) in advance.

Consultation on learning of each subject in liberal arts education (Math, Physics, Chemistry, English)

Venue : 1st floor, Student Plaza
Higashi-Hiroshima Campus,

How to consult :

Face-to-face consultation /

Consultation by email /

Online consultations “Whereby”

Opening Hours :



Monday	Tuesday	Wednesday	Thursday	Friday
16 : 30~18 : 30				—

*Closed during holidays.

*The subjects available for consultation differ depending on the day of the week. Please see the web site for details.

*Consultation is available only in Japanese.

The Consultation counter is here!!

1st floor, Student Plaza
Higashi-Hiroshima Campus

This sign is a landmark!



Freshmen Get-together, HU Students' Meeting

This is a forum for communication beyond the boundaries of academic department, graduate school, nationality, or age, held for new students, international students and transfer students around three times a year.

Notice of these events will be provided via “Momiji” and center homepage, so feel free to participate.



TA Seminar

*Students who enrolled in a degree-seeking program(Undergraduate degree program, Master' s degree program, Doctoral degree program,) will eligible to work as TAs.

“TA Seminar” are held four times a year. Duties of “Hirodai TA” , qualifications to become a TA, and various experiences and concerns that arose while working in education as a TA, participants can discuss, share, and find answers to a wide variety of experiences and concerns together with faculty, highly experienced student staff, and other TAs.



We use the Center from our homepage, “X” , and “Instagram” to communicate information about upcoming events, scenes from events that were held, the consultation desk schedule, activities of student staff, and other matters. Please be sure to have a look and follow!

		
Homepage	X Account Name “Hucapr”	Instagram Account Name “hucapr”