

# Health Service Center

<http://home.hiroshima-u.ac.jp/health/>

## Medical Section

(Internal Medicine)  
Doctors  
(Public Health)  
Nurses

## Mental Health Section

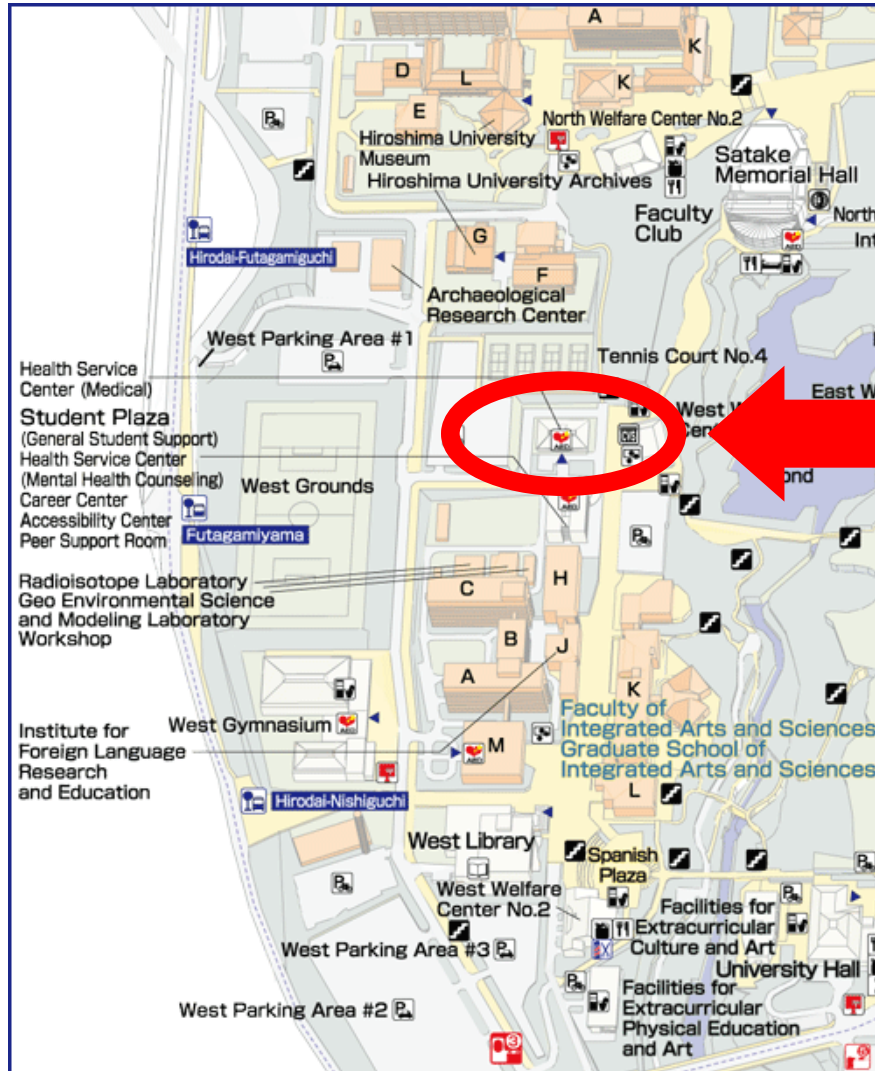
Psychiatrists  
(Public Health)  
Nurses

## Counseling Section

Clinical  
Psychologists

Health Service Center Counseling Section  
Clinical Psychologist Tatsuya IKEDA

# Medical Section



**Health Service Center  
(in front of Student Plaza)**

**Office Hours: weekdays 8:30-17:15**

**E-mail: [health@hiroshima-u.ac.jp](mailto:health@hiroshima-u.ac.jp)**

**Tel: 082-424-6192**

# Medical Section

## Physical Health Care

- ◆ **Medical/Health Consultation (9:00-10:45, 12:15-15:00)**
- ◆ **First Aid**
- ◆ **Health Checkup** (offered in April, check homepage for details)
- ◆ **Issuance of Health Certificates**
- ◆ **Other Services** (appointment needed)
  - ☐ **Gynecologic Consultation**
  - ☐ **Urologic Consultation**
  - ☐ **Dental Consultation**
  - ☐ **Guidance to Quit Smoking**

# Health Checkup Notice

for International Students NEW to Hiroshima University

## Higashi-Hiroshima Campus

**Date & Time: Females – Oct. 24 (Tue) 9:00-10:30, 12:00-14:30**

**Males – Oct. 25 (Wed) 9:00-10:30, 12:00-14:30**

**Place: Health Service Center Medical Section**

**International Students NEW to Hiroshima University MUST take the health checkup**

**If you have any questions, please contact the Medical Section**

# Health Checkup Notice

for International Students NEW to Hiroshima University

**Kasumi Campus**

**Higashi-Senda Campus**

**Date & Time: Females – Oct. 23 (Mon) 9:00 – 10:00**  
**Males – Oct. 23 (Mon) 10:00 – 11:00**

**Place: Health Service Center Kasumi Branch**

**International Students NEW to Hiroshima University MUST take the health checkup**

**If you have any questions, please contact the Medical Section**

# Health Checkup Notice

for International Students NEW to Hiroshima University

**Please don't forget to bring your filled in medical questionnaire when you take the health checkup.**

# Health Checkup Notice

for the following years

**Students MUST have their health checkup in April during the student regular health checkup period.**  
**Have your health checkup every year.**

**Health checkup for students are only offered once a year.**

**Schedules will be announced in March.**

**See homepage and posters for details.**

**<http://home.hiroshima-u.ac.jp/health/>**

# Health Certificates

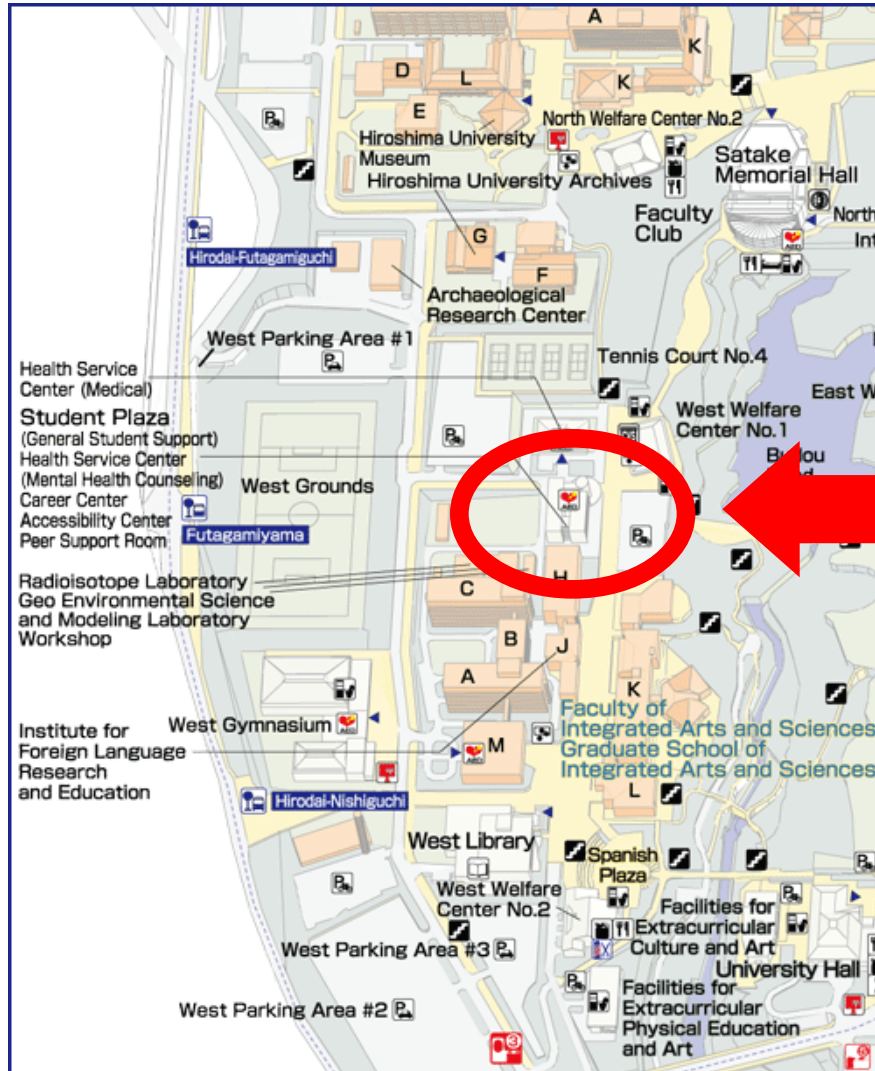
Health certificates are needed for ...

- ✓ scholarship applications
- ✓ continuing your studies (e.g., doctoral course)
- ✓ job applications
- ✓ sport competitions, etc.

Health certificates are ONLY issued to those who have taken the health checkup of that year.



# Mental Health & Counseling Section



**Student Plaza 4F**

**Office Hours: weekdays 9:00-17:00**

# Mental Health & Counseling Section

**[ Appointment Needed ]**

**< Mental Health Section >**

**E-mail: [mental@hiroshima-u.ac.jp](mailto:mental@hiroshima-u.ac.jp)**

**Tel: 082-424-6186**



**< Counseling Section >**

**E-mail: [shinri@hiroshima-u.ac.jp](mailto:shinri@hiroshima-u.ac.jp)**

**Tel: 082-424-6187**

**< for International Students >**

**E-mail: [rcounsel@hiroshima-u.ac.jp](mailto:rcounsel@hiroshima-u.ac.jp)**

# Mental Health & Counseling Section

## Mental / Psychological Care

- ◆ **Mental/Psychological Problems**
  - Depression, anxiety, etc.
- ◆ **Health Problems caused by Stress**
  - Not sleeping well, not eating well, etc.
- ◆ **Relationships & Yourself**
  - Relationships with your supervisor, other students, etc.
- ◆ **Campus Life**
  - Trouble concentrating, etc.
- ◆ **Living, Cultural Differences**
- ◆ **Anything you are considered about**

# Counseling for International Students

**[ Appointments Needed ]**

If you have any problems you would like to talk to a counselor about,  
**MAIL to [rcounsel@hiroshima-u.ac.jp](mailto:rcounsel@hiroshima-u.ac.jp)**

**Higashi-Hiroshima Campus**

**Location: Student Plaza 4F, Health Service Center Counseling Section**

**Kasumi Campus**

**Higashi-Senda Campus**

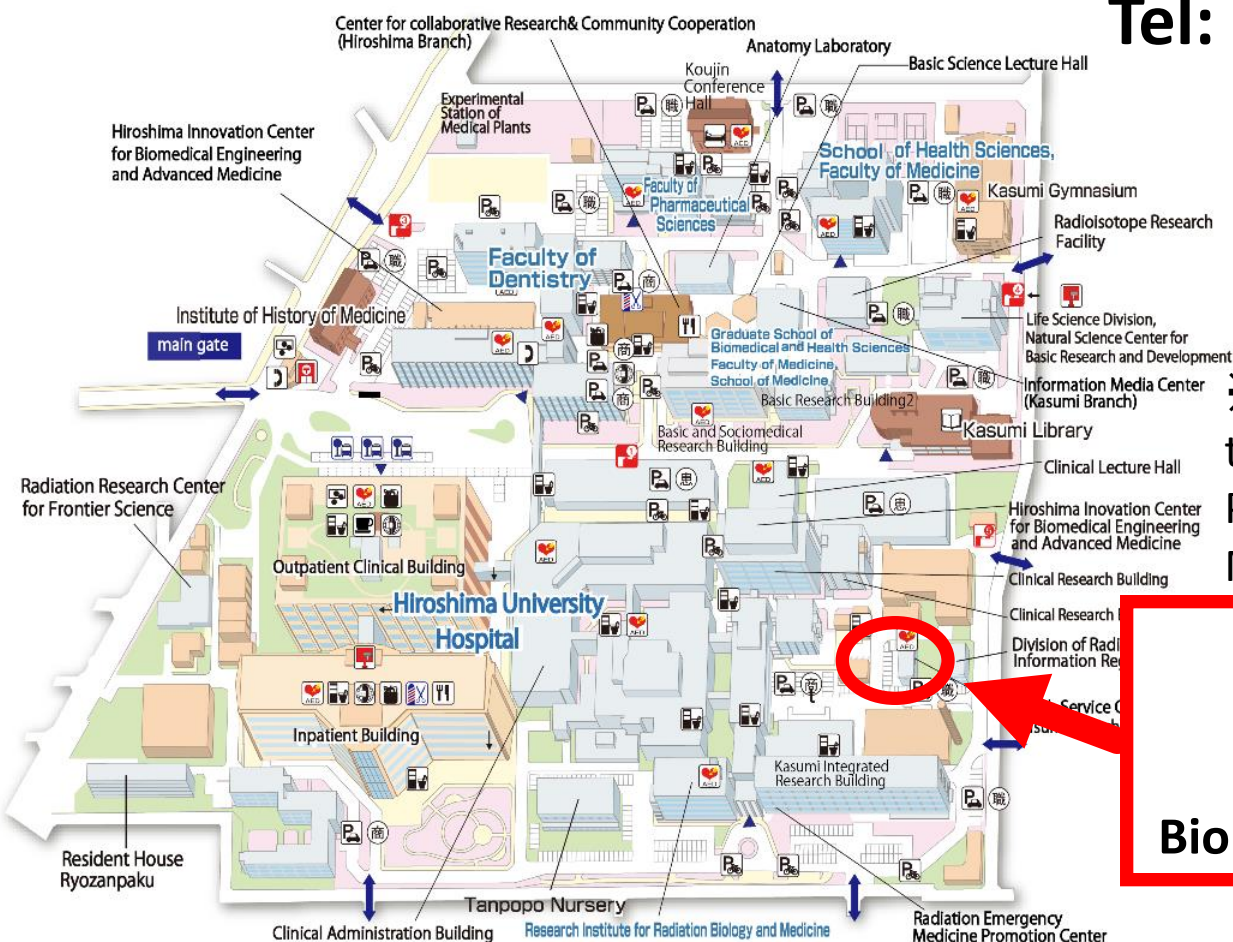
**Location: Health Service Center Kasumi Branch**



# Health Service Center Kasumi Branch

Office Hours: weekdays 8:45-17:00

Tel: 082-257-5096



✖ We have a relocation plan in this fiscal year.

Please check our website and/or MOMIJI after this November.

**Health Service Center  
Kasumi Branch  
( located north of  
Biomedical Research Building )**

# Health Service Center Kasumi Branch

## < Medical Section >

★ Reception Hours for Medical/Health Consultation

Mondays 9:00-10:45, 12:15-15:00

Thursdays 9:00-10:45, 16:00-16:30

E-mail: [health@hiroshima-u.ac.jp](mailto:health@hiroshima-u.ac.jp)

## < Mental Health Section >

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## < Counseling Section >

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## < for International Students >

E-mail: [rcounsel@hiroshima-u.ac.jp](mailto:rcounsel@hiroshima-u.ac.jp)

# Health Service Center Higashi-Senda Branch

**Office Hours: 9:45-21:10 (Mon Tue Thu Fri)**

**13:45-21:10 (Wed)**

**Tel: 082-542-6970**

**Health Service Center  
Higashi-Senda Branch (1F)**



# Health Service Center Higashi-Senda Branch

## < Medical Section >

★ Reception Hours for Medical/Health Consultation  
Wednesdays 18:30-19:30

E-mail: [health@hiroshima-u.ac.jp](mailto:health@hiroshima-u.ac.jp)

## < Mental Health Section >

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