Health Service Center

http://home.hiroshima-u.ac.jp/health/

Medical Section

(Internal Medicine) Doctors (Public Health) Nurses Mental

Health

Section

Psychiatrists

(Public Health)

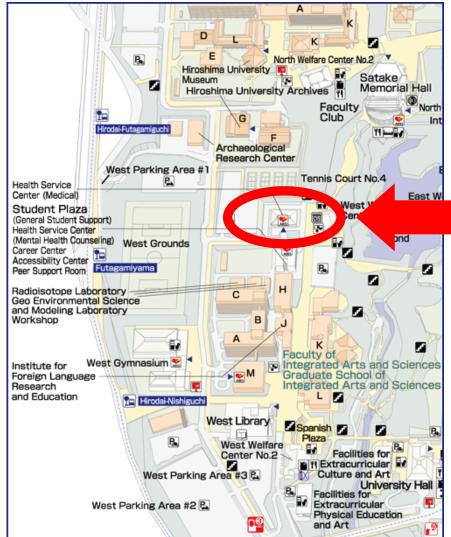
Nurses

Counseling Section

> Clinical Psychologists

Health Service Center Counseling Section Clinical Psychologist Tatsuya IKEDA

Medical Section





Health Service Center (in front of Student Plaza)

Office Hours: weekdays 8:30-17:15

E-mail: health@hiroshima-u.ac.jp Tel: 082-424-6192

Physical Health Care

Medical Section

- Medical/Health Consultation (9:00-10:45, 12:15-15:00)
- First Aid
- Health Checkup (offered in April, check homepage for details)
- Issuance of Health Certificates
 - Other Services (appointment needed)
 - Gynecologic Consultation
 - Urologic Consultation
 - Dental Consultation
 - Guidance to Quit Smoking

Health Checkup Notice for International Students NEW to Hiroshima University

Higashi-Hiroshima Campus

Date & Time: Females - May 1 (Mon) 12:30-15:00 Males - May 1 (Mon) 9:00-10:30

Place: Health Service Center Medical Section

International Students NEW to Hiroshima University <u>MUST</u> take the health checkup If you have any questions, please contact the Medical Section

Health Checkup Notice for International Students NEW to Hiroshima University

Kasumi Campus

Date & Time: Females – April 26 (Wed) 9:00 – 10:30, 14:00 – 15:30

Males – April 26 (Wed) 11:45 – 14:00

Place: Health Service Center Kasumi Branch

International Students NEW to Hiroshima University <u>MUST</u> take the health checkup If you have any questions, please contact the Medical Section



Higashi-Senda Campus

The health checkup will not be done. <u>Please receive the health checkup at Higashi-Hiroshima</u> <u>cumpus or Kasumi campus.</u>

International Students NEW to Hiroshima University <u>MUST</u> take the health checkup If you have any questions, please contact the Medical Section

Health Checkup Notice for International Students NEW to Hiroshima University

Please don't forget to bring your filled in medical questionnaire when you take the health checkup.

Health Checkup Notice for the following years

Students <u>MUST</u> have their health checkup in April during the student regular health checkup period. Have your health checkup every year.

Health checkup for students are only offered once a year. Schedules will be announced in March.

> See homepage and posters for details. http://home.hiroshima-u.ac.jp/health/

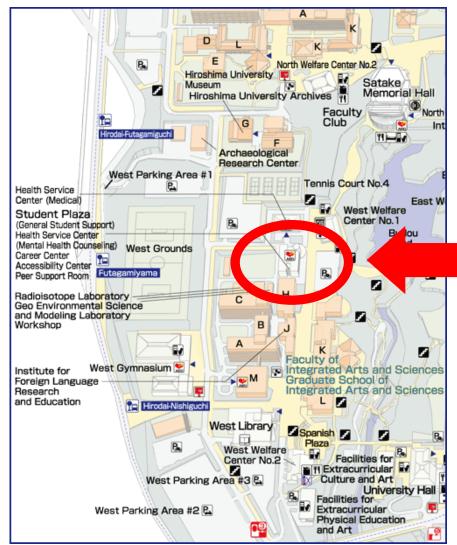
Health Certificates

Health certificates are needed for ...

- scholarship applications
- continuing your studies (e.g., doctoral course)
- job applications
- sport competitions, etc.

Health certificates are <u>ONLY</u> issued to those who have taken the health checkup <u>of that year</u>.

Mental Health & Counseling Section





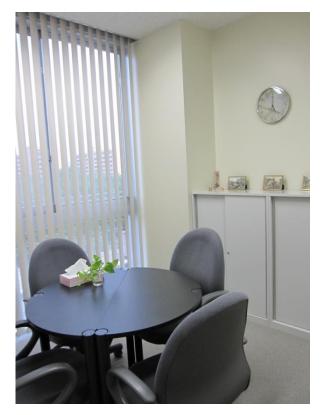
Student Plaza 4F

Office Hours: weekdays 9:00-17:00

Mental Health & Counseling Section

[Appointment Needed]

< Mental Health Section > E-mail: mental@hiroshima-u.ac.jp Tel: 082-424-6186





< Counseling Section > E-mail: shinri@hiroshima-u.ac.jp Tel: 082-424-6187

< for International Students > E-mail: rcounsel@hiroshima-u.ac.jp **Mental Health & Counseling Section Mental / Psychological Care Mental/Psychological Problems** Depression, anxiety, etc. **Health Problems caused by Stress** Not sleeping well, not eating well, etc. **Relationships & Yourself** Relationships with your supervisor, other students, etc. **Campus Life**

Trouble concentrating, etc.

Living, Cultural Differences

Anything you are considered about

Counseling for International Students

[Appointments Needed]

If you have any problems you would like to talk to a counselor about, MAIL to <u>rcounsel@hiroshima-u.ac.jp</u>

Higashi-Hiroshima Campus

Location: Student Plaza 4F, Health Service Center Counseling Section

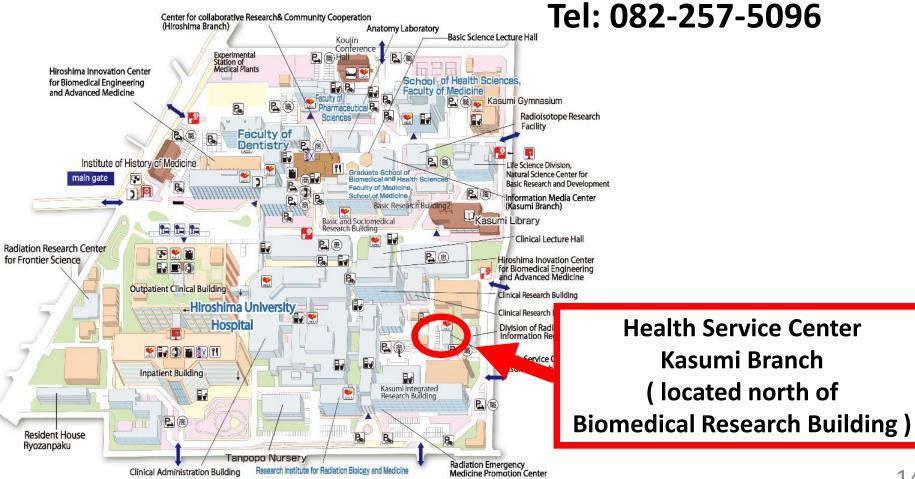
Kasumi Campus

Higashi-Senda Campus

Location: Health Service Center Kasumi Branch

Health Service Center Kasumi Branch

Office Hours: weekdays 8:45-17:00



Health Service Center Kasumi Branch

< Medical Section >

Reception Hours for Medical/Health Consultation Mondays 9:00-10:45, 12:15-15:00 Thursdays 9:00-10:45, 16:00-16:30 E-mail: health@hiroshima-u.ac.jp

< Mental Health Section >

E-mail: mental@hiroshima-u.ac.jp

< Counseling Section >

E-mail: shinri@hiroshima-u.ac.jp

< for International Students >

E-mail: rcounsel@hiroshima-u.ac.jp

Health Service Center Higashi-Senda Branch



Health Service Center Higashi-Senda Branch

< Medical Section >

Reception Hours for Medical/Health Consultation Wednesdays 18:30-19:30 E-mail: health@hiroshima-u.ac.jp

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