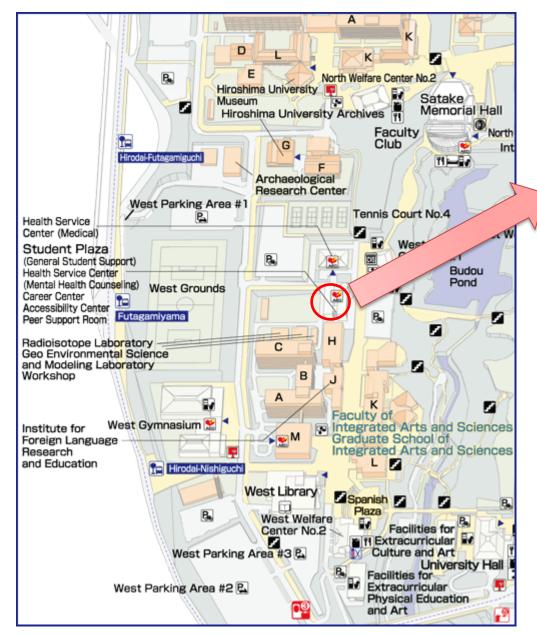
Life Consultation, International Exchange Activity



Student Plaza 3F (8:30-17:15)

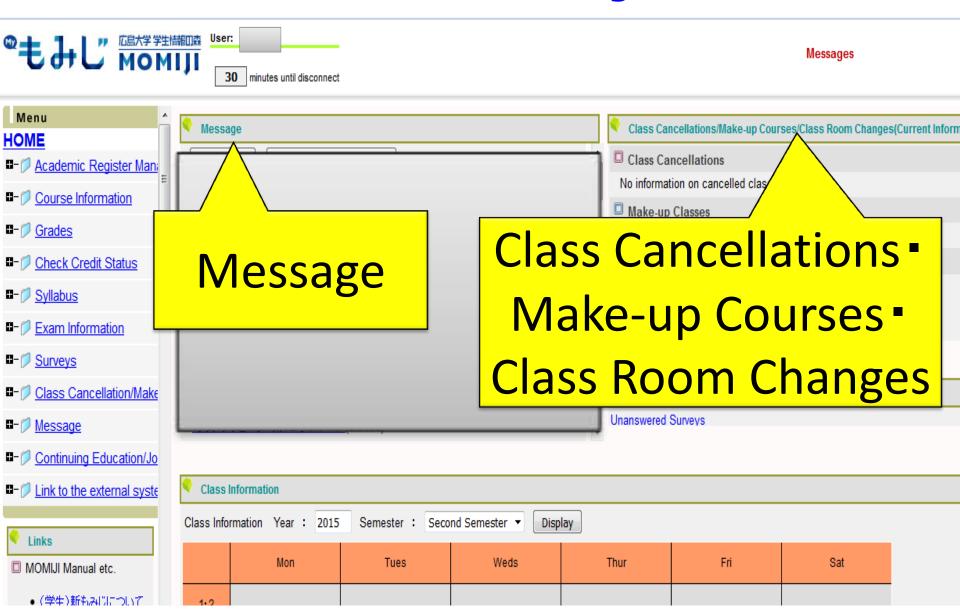


Shoko KUWAHARA International Exchange Group E-mail:

kokusai-ryugaku@office.hiroshima-u.ac.jp



How to Get Important Information of Hiroshima University



NOIE (Network of International Exchange) International Luncheon (Every Thursday, 12:10-12:40pm @Student Plaza 1F) elife@hiroshima-u.ac.jp



Garbage Disposal Rules

- Buy <u>city-designated garbage bags</u>
- Separate your garbage
- Put garbage into the proper garbage bag
- ◆ Follow the <u>garbage collection schedule</u>



Very strict

in Japan!

National Pension & National Health Insurance

When you receive a letter/postcard from ...





Be sure to check the content!!

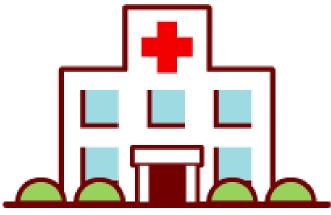
If you have any questions, please consult us.

Living information for Foreign Residents

Useful information in many languages







Please bring your "National Health Insurance"

On Higashi-Hiroshima and Hiroshima city's websites, they inform <u>medical facilities operating that can provide</u> <u>services in non-Japanese languages.</u>

How to Get Information about Disasters

Japan is subject to frequent natural disasters such as earthquakes and typhoons.

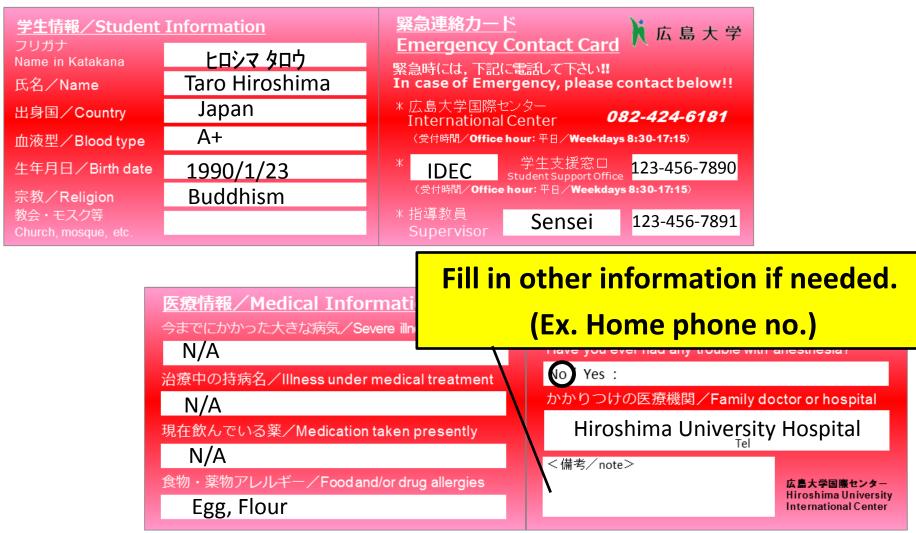
When a disaster occurs, please collect the information.

➢Please check 'How to get information about disasters in Higashihiroshima City' for details.

Emergency Contact Card

Please keep it with you at all time!

Example: How to fill out the card



Basic Rules for Your Safety

Never drink and drive.



- You <u>cannot ride a motorcycle</u> with an International Driver's License category B.
- Be sure to purchase a <u>"Voluntary Insurance</u>" before driving a car or motorcycle.

Including *Gentsuki,* bicycles with motors, or any two-wheeled vehicles

About Driver's License



- Never drive without a license!!
 [Please note that your international driver's license is not always valid.]
 - International driving permits are only valid for up to 1 year after entering Japan and the date of issue.
 - Permits obtained via Internet are not valid.
 - Only international driver's licenses from the member countries of the Geneva Convention are valid.
- Get a Japanese license if you'll live in Japan more than a year and need to drive!
- Contact Hiroshima Prefecture Driver's License Center for more details.

Riding a Bicycle?

- Never use abandoned bicycle; or you could be charged with stealing.
- Get your bike registered for crime prevention at the store when you buy it.
- Update the registered information when you give your bike away or receive your friend's bike.
- Keep the bicycle law of Japan.
 Information:

Traffic Safety Guidelines for Pedestrians and Cyclists







