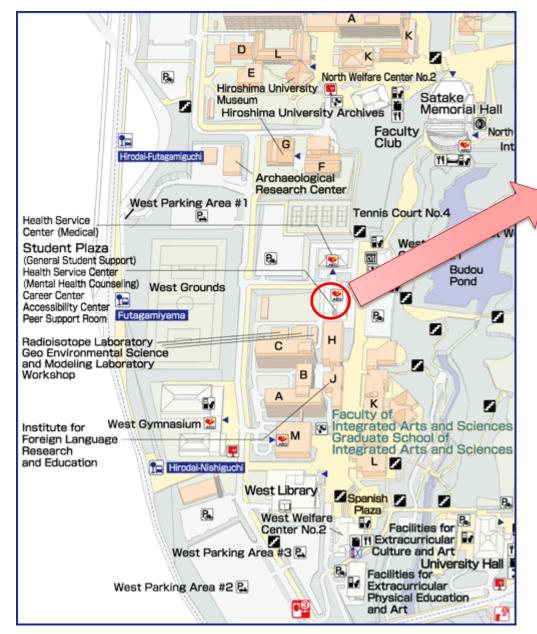
Life Consultation, International Exchange Activity



Student Plaza 3F (8:30-17:15)

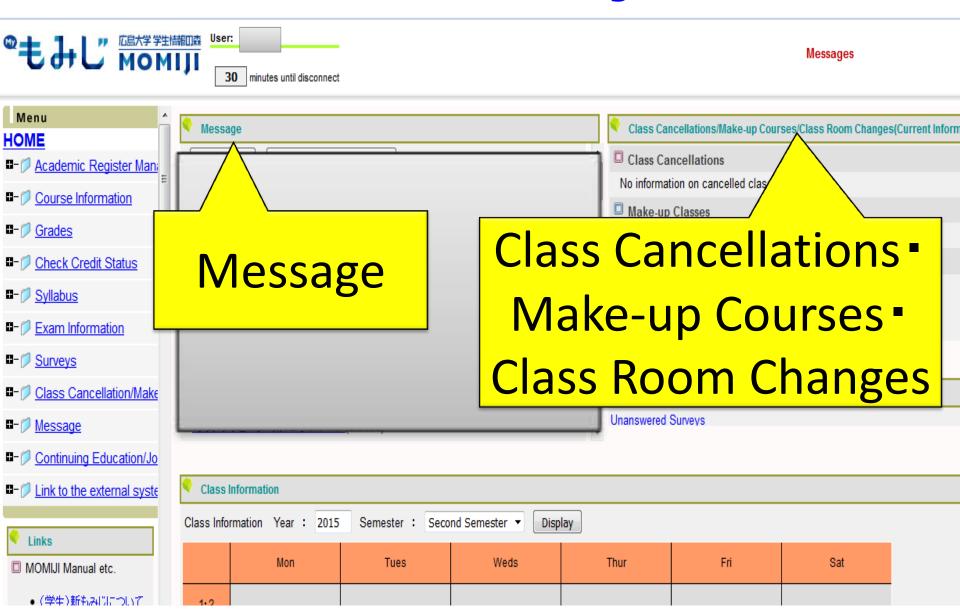


Shoko KUWAHARA International Exchange Group E-mail:

kokusai-ryugaku@office.hiroshima-u.ac.jp



How to Get Important Information of Hiroshima University



NOIE (Network of International Exchange) International Luncheon (Every Thursday, 12:10-12:40pm @Student Plaza 1F) elife@hiroshima-u.ac.jp



Garbage Disposal Rules

- Buy <u>city-designated garbage bags</u>
- Separate your garbage
- Put garbage into the proper garbage bag
- ◆ Follow the <u>garbage collection schedule</u>



Very strict

in Japan!

National Pension & National Health Insurance

When you receive a letter/postcard from ...



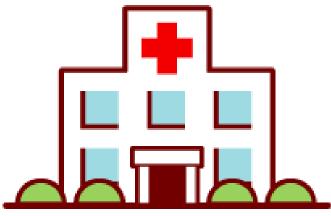
http://www.nenkin.go.jp/n/www/english/index.jsp



http://www.city.higashihiroshima.hiroshima.jp/soshiki/26/

Be sure to check the content!! If you have any questions, please consult us.





Please bring your "National Health Insurance"

On Higashi-Hiroshima and Hiroshima city's websites, they inform <u>medical facilities operating that can provide</u> <u>services in non-Japanese languages.</u>

Emergency Contact Card

Please keep it with you at all time!

Example: How to fill out the card

